

Connecting people and knowledge:  
The struggles and triumphs of an  
Evidence-based practice/Research  
shared governance council

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midland memorial hospital

# Objectives

- identify barriers to the creation and growth of an effective EBP/ research council.
- develop strategies to overcome barriers to the successful implementation an EBP/ research council.



# Who we are

- Located in west Texas, Midland Memorial Hospital was established by community leaders with one mission, "to make quality healthcare available in this region"
- We are a nonprofit, community-based hospital, offering medical care to all Midlanders, regardless of their ability to pay.



# How we began

- In late 2007 we created an EBP/Research Council as part of a shared governance structure.
  - Staff were appointed to council
  - Meetings quarterly
  - Education program for staff development department and assessment of readiness for EBP



# FY 2008

- IRB approved survey of RNs on Readiness for EBP
  - Identified lack of knowledge
  - Series of classes offered
  - New council members recruited
  - Still struggling



# FY 2009

- Council members given resource manuals
- List of online websites about EBP
- All council members completed NIH protection of human subjects training online
- Meetings changed to bi-monthly
- Council developed a PowerPoint presentation to be shown at unit meetings
- Multidisciplinary membership



# FY 2010

- Meetings held monthly
- All members completed online training
- Accomplishments
  - Serve as resource to other councils
  - EBP Poster day

# FY 2011

- Recommended practice changes based on evidence
- Wrote an article which was accepted for publication
- Abstracts submitted for conference presentations
- EBP Conference Day held
- Email account and intranet link for staff to submit questions





- Struggle
  - Engagement of the nurses in the EBP/research process
  
- Triumph
  - Recruited members who were interested in EBP/research or willing to learn
  - Academic partnerships

- Struggle
  - Infrequent meetings
  
- Triumph
  - Council change to monthly meetings with ad hoc committees meeting as needed



- Struggle
  - Knowledge deficit
  
- Triumph
  - Classes in EBP
  - Resource manuals for all new members
  - Online training
  - New books for library
  - Academic partnerships

- Struggle
  - Lack of resources
- Triumphs
  - Subscription of online database
  - Book purchases
  - Government websites



# Setting goals

- Council members decide on 2 -3 goals for year
- Formalized timeline for completion
- Monthly report of activities to Congress

# Where do we go next?

- Council needs to move to a mentoring relationship with bedside nurses, so when the nurse asks the burning question, the council is not finding the answer for them, but helping to guide them to find the answer



# Questions

