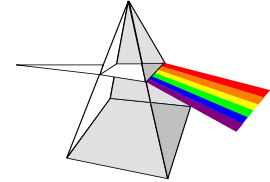


THE SAFER TOMORROWS PROJECT



**Promoting the Healing and Restoration of Adolescents and
Children Exposed to Trauma and Violence**

Sigma Theta Tau International

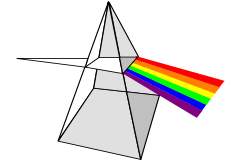
Honor Society of Nursing®

41st Biennial Convention

Grapevine, Texas U. S. A.

October 30, 2011

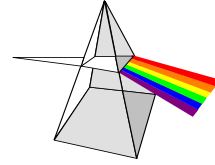
THE SAFER TOMORROWS PROJECT



MISSION STATEMENT

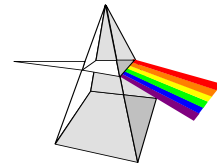
The Mission of "The Safer Tomorrows: Injury Prevention and Violence Reduction Project®" is to be an effective community-based program specifically designed to educate, promote, sustain, enhance and create peaceful environments for individuals, families and communities.

THE SAFER TOMORROWS PROJECT



VISION

**We aspire to create and promote
healthier, harmonious and safer
environments for individuals, families and
communities.**



If There Is To Be Peace

If there is to be peace in the world,

There must be peace in the nations.

If there is to be peace in the nations,

There must be peace in the cities.

If there is to be peace in the cities,

There must be peace between neighbors.

If there is to be peace between neighbors,

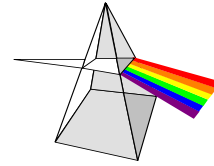
There must be peace in the home.

If there is to be peace in the home,

There must be peace in the heart.

LAO - TSE

THE SAFER TOMORROWS PROJECT



RESEARCH TEAM MEMBERS

Dr. Clarissa Agee Shavers, D. N. Sc., W. H. N. P.- B. C., TRECOS Fellow
Principal Investigator and Program Director

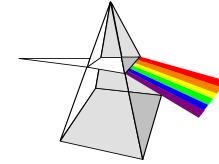
Dr. Cynthia A. Archer-Gift, Ph. D. EdSpC., R. N.
Co-Principal Investigator

Ms. Lisa M. Green, M. A., L. L. P. C., B. S. W.
Co-Principal Investigator and Facilitator

Dr. Judee E. Onyskiw, Ph. D., R. N.
Co-Principal Investigator and Consultant

Dr. Meryl Price, Ph. D., R. N.
Co-Principal Investigator and Consultant

THE SAFER TOMORROWS PROJECT



AFFILIATIONS

Primary Care Office

New Center Community Mental Health

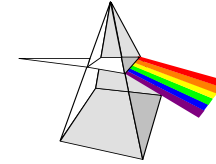
Michigan State University

The University of Michigan

The State of Michigan Department of
Community Health

The State of Michigan Department of
Education

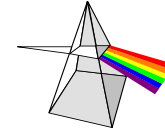
THE SAFER TOMORROWS PROJECT



OVERVIEW OF PROJECT

The primary goal of this evidence-based intervention/program/project is to implement and rigorously evaluate a structured community-based injury prevention, violence reduction, and global healthy peaceful conflict resolution intervention/program/project.

This is an after-school project primarily or presently designed for elementary school-aged children, who are 8-12 years of age in the 4th, 5th, and 6th grades, coming from diverse socio-economic, geographic and ethnic-cultural backgrounds. This intervention/program/project also includes adolescents, parents, teachers, and health care providers.



PHASES OF THE PROJECT

The Safer Tomorrows Injury Prevention and Violence Reduction Project ©

Phase I, Phase II, Phase III, and Phase IV

Phase I:

- 1) Design and piloting of the classroom materials and injury prevention, violence reduction, and global healthy peaceful conflict resolution instructional modules for the program interventionists.
- 2) Implementation of the structured educational-training sessions to the program interventionists.
- 3) Exploration and identification of children, adolescents, parents, teachers, health care providers, and the general communities' or counties' concerns about the topic areas via county-wide community mental health assessments and focus groups.

Phase II:

- 1) Implementation of psycho-social-emotional intervention and ongoing exploration of youth's concerns and solutions relating to exposure to violence, trauma, and violence-age related injuries.
- 2) Scientific analyses of the proposed hypothesized conceptual framework for the evidence-based intervention/program/project.
- 3) Multi-method scientific evaluations of the intervention/program/project and outcome variables.

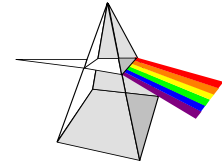
Phase III:

- 1) Replication, dissemination, and multi-method evaluations of the intervention/program/project with other local, state, national and international partners.

Phase IV:

- 1) Sustainability of the psycho-social-emotional intervention/program/project for 10 years.

THE SAFER TOMORROWS PROJECT



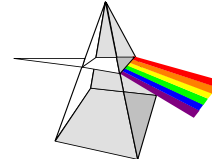
ABSTRACT

Adolescents and children exposed to trauma and violence may exhibit moderate to severe psycho-social-emotional health problems. In collaboration with the Michigan Department of Community Health, as well as, with other Partners, Volunteers, Collaborating Agencies and Organizations, The Safer Tomorrows: Injury Prevention and Violence Reduction Project© is identifying adolescents and children who are at-risk and who may or may not be at-risk for exposure to trauma and violence in their lives.

The purpose of the evidence-based intervention/program is to assist this population of adolescents, children, and families by identifying services and programs to enhance their overall health and well-being. Similarly, we plan to proactively promote the healing and restoration of this population. One of the proposed significant outcomes is The Safer Tomorrows Project Case Management Research Practice Model©.

This model consists of a structured format which addresses the issues of (1) safety nets for children and adolescents who may need immediate, acute, short or long term multidisciplinary health care services, (2) access to services, resources, and programs, (3) coordination of services with local multidisciplinary health and interdisciplinary community-based professionals and volunteers, and (4) global health education around the themes of injury prevention, violence reduction, and global healthy peaceful conflict evidence-based resolutions or strategies. Multidisciplinary health and interdisciplinary professionals or providers and volunteers are called to help promote the healing and restoration of adolescents, children and families who are at-risk and who may or may not be at-risk for exposure to trauma and violence. The Safer Tomorrows: Injury Prevention and Violence Reduction Project© is trying to confront and eliminate these disparate social justice, economic, and health care issues for this population.

THE SAFER TOMORROWS PROJECT



CONCEPTUAL FRAMEWORK OF PROJECT

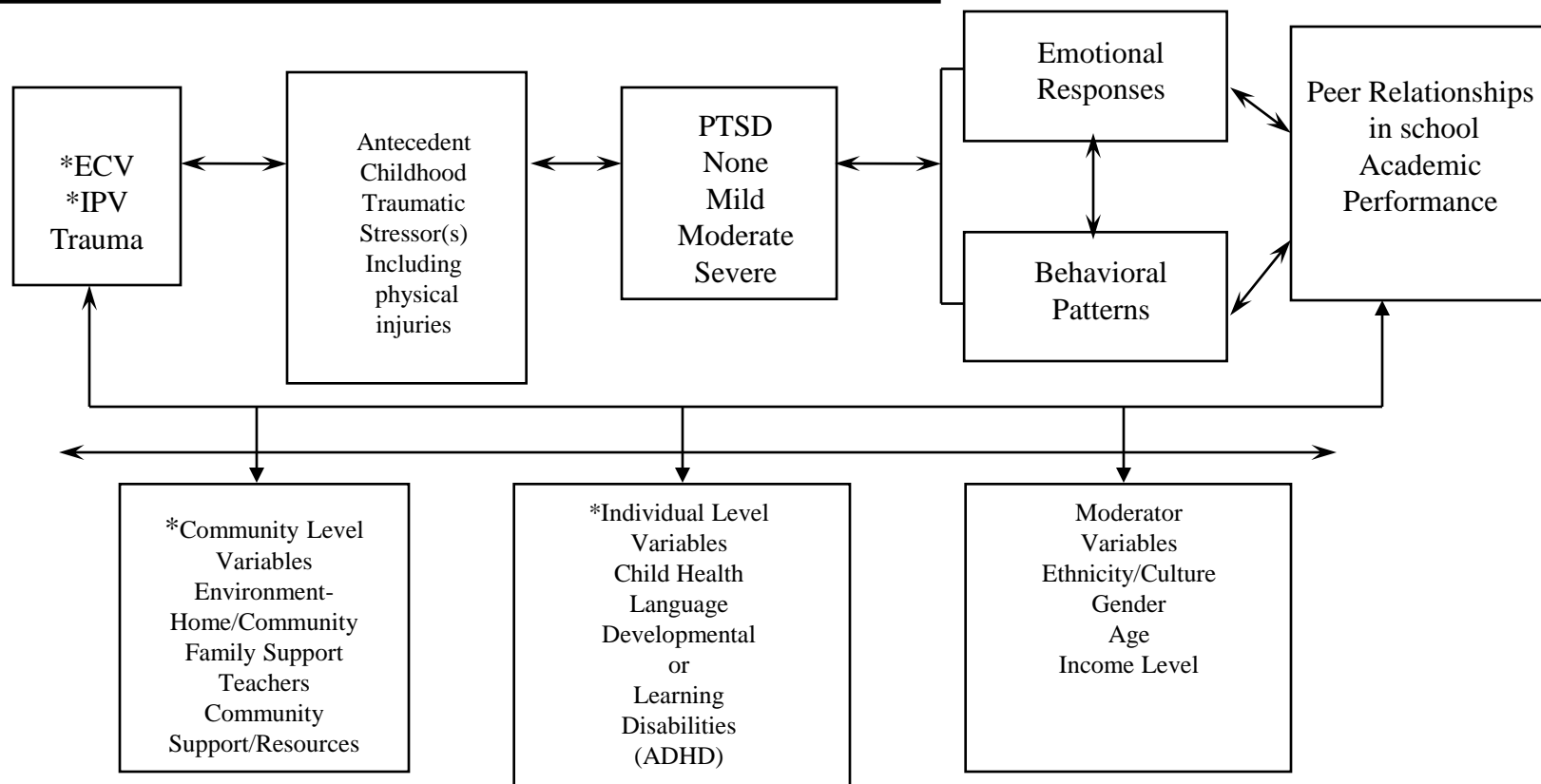


Figure 1.

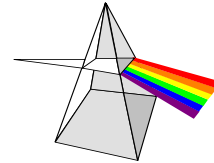
Interrelationship of the concepts, mediator, confounding, and moderator variables: A Hypothesized Conceptual Map.^c Shavers, C.A. (2000). The Interrelationships of Exposure to Community Violence and Trauma to the Behavioral Patterns and Academic Performance Among Urban Elementary School-Aged Children. Dissertation Abstracts International: Vol.61 (4-B) 1876.

*Exposure to Community Violence, Interpersonal Violence, Intimate Partner Violence (Domestic Abuse and Bullying)

*Posttraumatic Stress Disorder (PTSD)

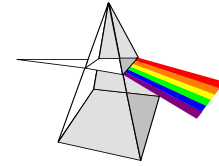
*Community or County level variable (mediator variable)

*Individual level variables (confounding variables)



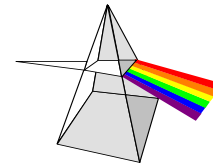
PHASE I OF THE PILOT PROJECT PLAN

- 1) Preliminary designing or development of the classroom materials and instructional modules for the program interventionists were developed by Anne Smiley, M.A., Dr. Cheri Anderson, Ph.D., Janet Olsen, M.A. and Principal Investigator/Program Director Dr. Shavers, D.N.Sc.
- 2) Implementation of the educational-training sessions for program interventionists will be conducted in collaboration with MSUE Program Associates, The Safer Tomorrows: Injury Prevention and Violence Reduction Research Team, Partners, Volunteers, Collaborating Agencies, and Organizations.



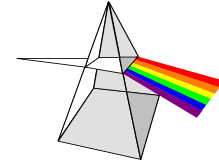
PHASE II OF THE PILOT PROJECT PLAN

- 1) Exploration and identification of the children's concerns and solutions (Focus Groups and Intervention Qualitative Data).
- 2) Implementation and dissemination of the structured and individualized out-of-school based program (Nursing Intervention).
- 3) Exploration and analysis of the proposed hypothesized conceptual framework and statistical models.
- 4) Rigorous evaluation of Phases I and II including the predictor and outcome variables.



THE PILOT PROJECT PLANNING

- 1) Implement, evaluate, and disseminate the project at a NIH designated Phase II randomized clinical trial level.
- 2) The Safer Tomorrows© Youth Advisory Council (Formation Summer 2004).
- 3) Implementation of Pilot Focus Groups 2004-2005
- 4) Ongoing development and submission of meritorious grant .
- 5) External Consultant: Reverend Ken Feske SS/HS Initiative, Salinas, CA.



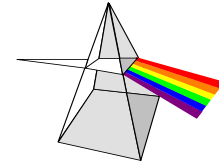
INJURY PREVENTION COMPONENT

Intentional Injuries

- Violence/Substance Abuse Related
- Acts Related to Violence

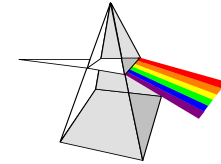
Unintentional Injuries

- Falls
- Playground Injuries
- Sports
- Bicycles
- Pellet/Hand Gun Injuries



VIOLENCE REDUCTION and GLOBAL PEACEFUL HEALTHY CONFLICT RESOLUTION COMPONENT

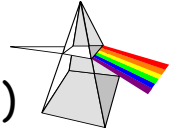
- 10 Structured/Culturally Relevant Format
 - Peace Maker/Peace Keeper Concepts
 - Anger/Bullying/Stress Management
- Communication/Conflict Resolution/Reflection Techniques
 - Yearly Peace Summit for all student participants
 - Communication-Community Awareness/Photographic Poster Display/Grant writing by students and implementation of a community-based project by Students



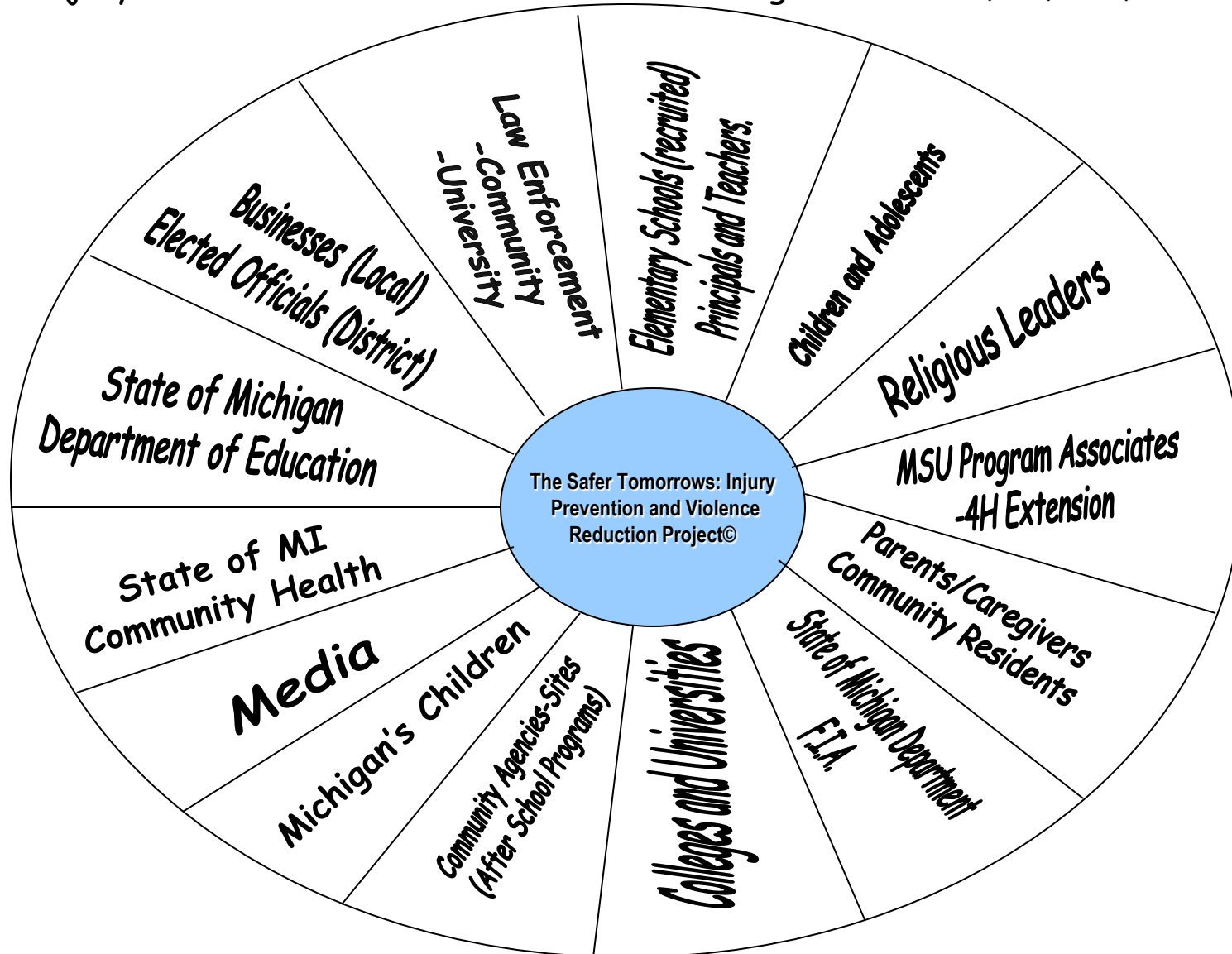
EVALUATION COMPONENT-PHASE I, II, III

- Implementation Evaluations
 - Intervention Evaluations
- Pluralistic Evaluation Approach
 - Multimethod Approach
 - (1) Qualitative
 - (2) Quantitative
- Years of Potential Life Lost (YPLL)
- The Safer Tomorrows Injury Reporting System (TBD)
(Utah Student Injury Reporting System)

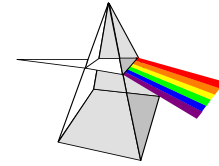
THE SAFER TOMORROWS PROJECT



Initial Partners or Affiliates for After-School-Based (Out of School Based)
Injury Prevention and Violence Reduction Program Phase I, II, III, IV



THE SAFER TOMORROWS PROJECT



Conceptual Framework and Hypothesized Conceptual Map

The conceptual map was developed by the Principal Investigator/Program Director in her doctoral and post-doctoral research. The theoretical constructs and concepts were derived from empirical studies noted in the literature, Dr. Shavers' preliminary studies and findings from both clinical and community-based practices.

The underlying premise for this intervention/program/project is that exposure to community violence, interpersonal violence, intimate partner violence including bullying, and trauma impact youth. In essence, exposure to violence results in serious physical, behavioral, educational, and psycho-social-emotional consequences.