#### Title:

Preparation to Provide Spiritual Care: A Qualitative Study of Recent Baccalaureate Nursing Graduates

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**Session Title:** 

Personal and Ethical Knowing

Slot:

3B: Friday, April 4, 2014: 1:45 PM-2:30 PM

**Scheduled Time:** 

1:45 PM

### **Keywords:**

Qualitative Research, Spiritual Care and Undergraduate Nursing Education

#### References:

Burkhart, L., & Hogan, N (2008). An experiential theory of spiritual care in nursing practice, Qualitative Health Research, 18(7), 928-938. Cantanzaro, & McMullen (2001). Increasing nursing students' spiritual sensitivity, Nurse Educator, 26(5), 221-226. Cavendish, R., Luise, B., Russo, D., Mitzeliotis, C., Bauer. M., McPartian Bajo, M. Calvino, C., Horne, K. & Medefindt, J. (2004). Spiritual perspectives of nurses in the United Sates relevant for education and practice. Western Journal of Nursing Research, 26, 196-212. doi:10.1177/0193045903260815. Cavendish, R., Konecny, L., Naradovy, L., Luise, B., Como, J., Okumakpeyi, P., Mitzeliotis, C., & Lanza, M. (2006). Patient's perception of spirituality and the nurse as a spiritual care provider, Holistic Nursing Practice, 20(1), 41-47 Chan, M. (2009). Factors affecting nursing staff in practicing spiritual care, Journal of Clinical Nursing, 19, 2128-2136. doi: 10.1111/j.1365-2702.2008.02690.x. Chung, L., Wong, F., Chan, M. (2007). Relationship of nurses' spirituality to their understanding and practice of spiritual care, Journal of Advanced Nursing, 58(2), 158-170. Clarke, J. (2009). A critical view of how nursing has defined spirituality, Journal of Clinical Nursing, 18, 1666-1673. Dover, L., Pfeiffer, J. (2006). Spiritual care in Christian parish nursing, Journal of Advanced Nursing, 57(2), 213-221. Ellison, N. & Radecke, M. (2005). An undergraduate course on palliative medicine and end-of-life issues, Journal of Palliative Medicine, 8(2), 354-362. Hood, L.E., Olson J., & Allen, M. (2007). Learning to care for spiritual needs: Connecting spiritually, Qualitative Health Research, 17(9), 1198-1206. Lemmer, C. (2002). Teaching the spiritual dimension of nursing care: A survey of U.S. baccalaureate nursing programs, Journal of Nursing Education, 41(11), 482-490. Lucchetti, G., Lucchetti, Al & Koenig, H. (2011). Impact of spirituality/religiosity on mortality: Comparison with other health interventions. Explore, 7(4), 234-238. McSherry, W. (2006). The principal components model: A model for advancing spirituality and spiritual care within nursing and health care practice, Journal of Clinical Nursing, 15, 905-917. Pesut, B. Fowler, M. Taylor, E. Reimer-Kirkham, S. & Sawarzky, R. (2008). Conceptualizing spirituality and religion for healthcare. Journal of Clinical Nursing, 17, 2803-2810. Pesut, B. & Sawatzky, R. (2006). To describe or prescribe: Assumptions underlying a prescriptive nursing process approach to spiritual care. Nursing Inquiry, 13(2), 127-134. Pesut, B. (2006). Fundamental or foundational obligation? Problematizing the ethical call to spiritual care in nursing, Advances in Nursing Science, 29(2), 125-133. Stern, J. & James, S. (2006). Every person matters: Enabling spirituality education for nurses, Journal of Clinical Nursing, 15, 897-904. The Joint Commission (2008) Spiritual Care Provision of Care, Treatment, and Services (CAMCAH / Critical Access Hospitals) retrieved 09/30/2013 from

http://www.jointcommission.org/mobile/standards\_information/jcfaqdetails.aspx?StandardsFAQId=290&St andardsFAQChapterId=29. van Leeuwen, R., Tiesinga, L., Middel, B, Post, D. &. Jochemsen, H. The effectiveness of an educational programme for nursing students on developing competence in the provision of spiritual care. Journal of Clinical Nursing 17, 2768-2781. van Leeuwen, R., Tiesinga, L., Post,

D. & Jochemsen, H. (2006). Spiritual care: Implications for nurses' professional responsibility, Journal of Clinical Nursing, 15, 875-884.

# **Learning Activity:**

LEARNI NG OBJECT IVES	EXPANDED CONTENT OUTLINE	TIME ALLOT TED	FACULTY/SP EAKER	TEACHING/LE ARNING METHOD	EVALUATION/FE EDBACK
Example	Example	Example	Example	Example	Example
Critique selected definition of the term, "curriculu m"	Definitions of "curriculum"	20 minutes	Name, Credentials	Lecture PowerPoint presentation Participant feedback	Group discussion: What does cultural training mean to you?
1. Understan d how nurses in clinical	Through qualitative interviews, recent graduates of a	5 minutes (depends on time allotted	Cheryl Crotser PhD, RN	Report of qualitative research findings in PowerPoint presentation	Group discussion Question and Answers at end of presentation

	T	I -	1	I	
practice	baccalaureate	for		Participant	
define	nursing	presentat		Feedback	
spiritual	program	ions)			
care	describe				
	spiritual care				
	assessment				
	and care				
	provided in				
	inpatient,				
	palliative care				
	and outpatient				
	settings. a)				
	identifying				
	patient needs				
	b) connecting				
	with patients				
	c) being				
	present d)				
	barriers and				
	facilitators to				
	provision of				
	care in the				
	spiritual realm				
Identify	1 -	5-10	Cheryl Crotser	Report of	Group Discussion
Identify	Recent	5-10	Cheryl Crotser	Report of	Group Discussion,
teaching	Recent graduates	5-10 minutes	Cheryl Crotser PhD, RN	Qualitative	questions and
teaching strategies	Recent graduates described	1		Qualitative Findings in	questions and answers at
teaching strategies for	Recent graduates described learning	1		Qualitative Findings in PowerPoint	questions and answers at conclusion of
teaching strategies for educating	Recent graduates described learning experiences	1		Qualitative Findings in PowerPoint presentation	questions and answers at
teaching strategies for educating undergrad	Recent graduates described learning experiences that were	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate	Recent graduates described learning experiences that were important in	1		Qualitative Findings in PowerPoint presentation	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing	Recent graduates described learning experiences that were important in developing	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students	Recent graduates described learning experiences that were important in developing their	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on	Recent graduates described learning experiences that were important in developing their confidence in	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio	Recent graduates described learning experiences that were important in developing their confidence in their role in	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of spiritual	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Pre-	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of spiritual care in the	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Precollege	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of spiritual care in the clinical	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Precollege experience,	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of spiritual care in the	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Precollege experience, classroom	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of spiritual care in the clinical	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Precollege experience, classroom experiences,	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
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teaching strategies for educating undergrad uate nursing students on integratio n of spiritual care in the clinical	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Precollege experience, classroom experiences, clinical experiences, and co-curricular	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of
teaching strategies for educating undergrad uate nursing students on integratio n of spiritual care in the clinical	Recent graduates described learning experiences that were important in developing their confidence in their role in the spiritual realm. Precollege experience, classroom experiences, clinical experiences, and co-	1		Qualitative Findings in PowerPoint presentation Participant	questions and answers at conclusion of

teaching	Role Modeling Reflection Assessment Strategies	5 minutes	Cheryl Crotser PhD, RN	Report of Qualitative Findings in PowerPoint presentation Participant Feedback and group discussion	Questions at conclusion of presentation. If needed prompts could be used such as how do you integrate spiritual assessment and care in your nursing education program or orientation to clinical setting? As a student, what was meaningful for you in learning to
					in learning to provide whole person care?

## **Abstract Text:**

**Problem/Purpose:** Holistic assessment including the spiritual needs of patients is a standard of practice for RNs. There is a paucity of research on preparing nurses for their role in the spiritual realm. This study was conducted to understand experiences of recent graduates of a baccalaureate nursing program in learning to assess spiritual care needs, provide spiritual support and perceptions of their preparation for this role.

**Design:** Heideggarian hermeneutics guided in-depth interviews and team interpretation of data. Graduates from 2006-2010 of a Christian Liberal Arts College in New York were recruited with postal and email invitations. Telephone and in-person interviews of twelve RNs were audio-recorded and transcribed verbatim in 2011-2012 for analysis. The narratives were reviewed independently by the researchers who then met as a team to analyze the data and come to consensus on common meanings. This was followed by a member check to enhance rigor.

**Findings:** Four themes and one constitutive pattern emerged: Defining Spiritual Care, Learning Spiritual Care, Providing Spiritual Care, and Practical Advice for Faculty. A pattern of building relationships developed.

**Discussion/Conclusions:** Definitions of spiritual care interventions varied among study participants. Experiences pre-college, in the classroom, clinical and outside the classroom contributed to learning to assess spiritual care needs and provide for spiritual care in clinical practice. Participants discussed needing opportunities to grow spiritually and to make their faith their own during their college years.

**Implications for Education Practice:** Reflection, case studies and role modeling are important teaching strategies for preparing students to provide care in the spiritual realm. Intentionally integrating whole person assessment in the classroom and providing opportunities for students to discuss and reflect on spiritual care in nursing helps prepare students. Opportunities to make connections and build relationships using therapeutic communication and presence are important in developing comfort with spiritual assessment and care.