



Health status, Healthy lifestyle, Activity, Perception of Health, and Health services : differences between Baby Boomer Women and Elderly Women in Korea



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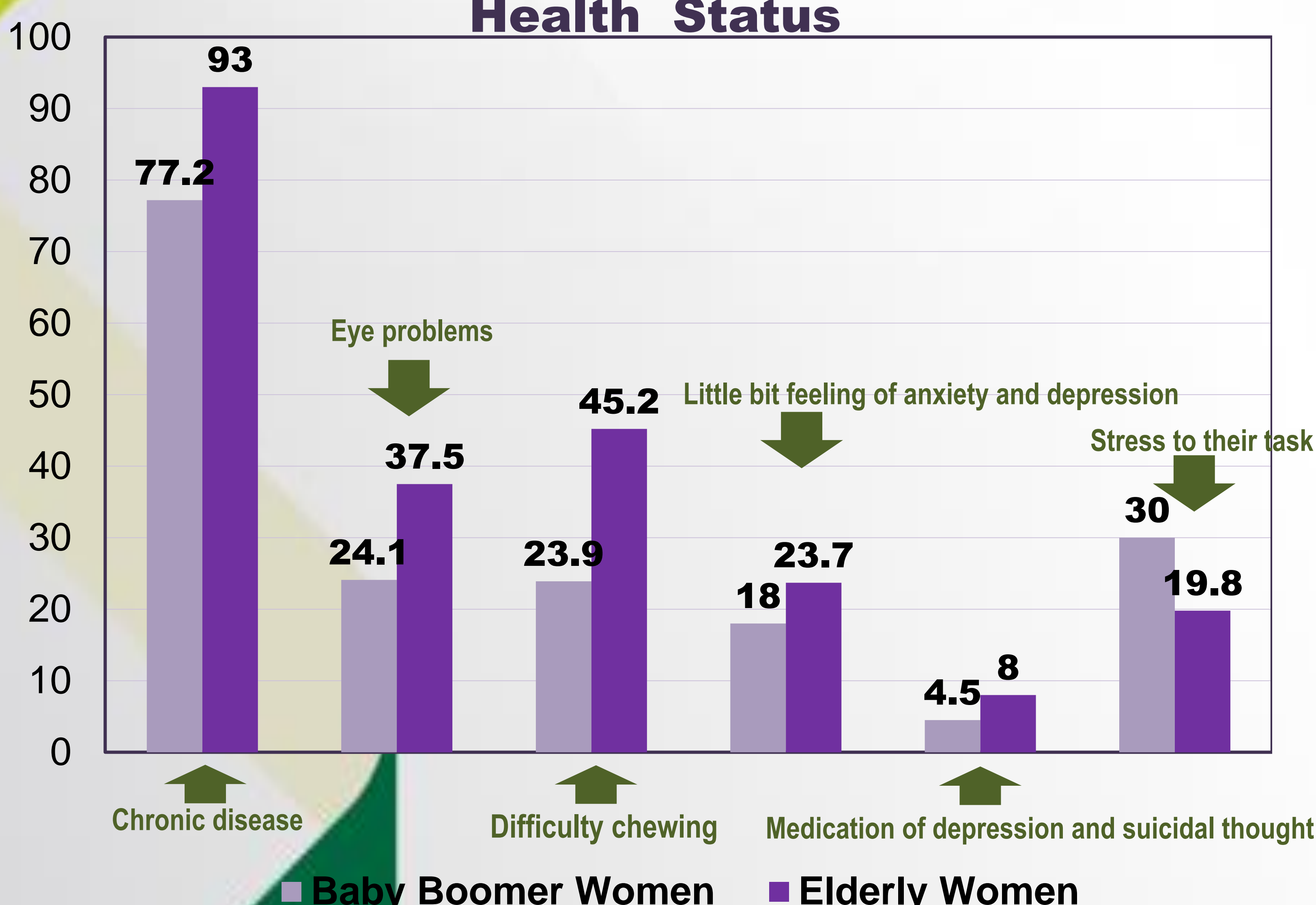
Purpose

The purpose of this was to understand the health status, healthy lifestyle, activity, perception of health, and health services between Baby Boomer Women and Elder Women in Korea. Through the data, all learners will be able to recognize health behaviors of baby boomer women and elderly women in Korea. In addition, the learners will be able to have knowledge about culturally diverse health behaviors of the two groups at Korea.

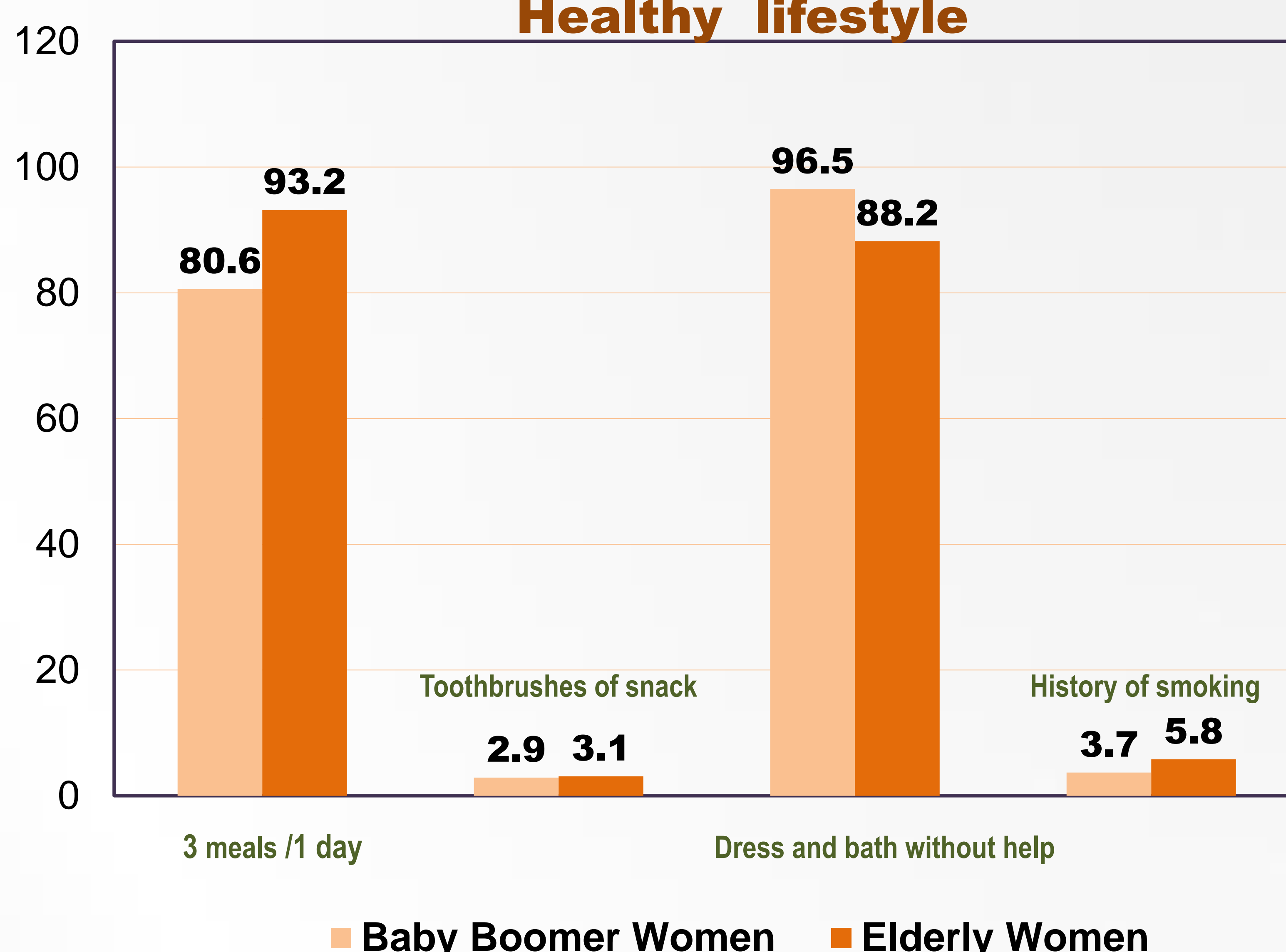
Methods

The data were derived from the 2011 Korea Health Panel annual survey database (β -version 2.0) by National Health Insurance Services [NHIS] and Korea Institute for Health and Social Affairs [KIHSA]. Based on the database on the 170,350 Korean who had ever used Health Services in 2011, data of the number of women aged 50 or older were used for this study (N=3559). They were divided into the 1058 baby boomer women group (50-64) and 2051 elderly women group (65+). The data were statistically analyzed by descriptive statistics with module of the SPSS Statistics V 21.0 program.

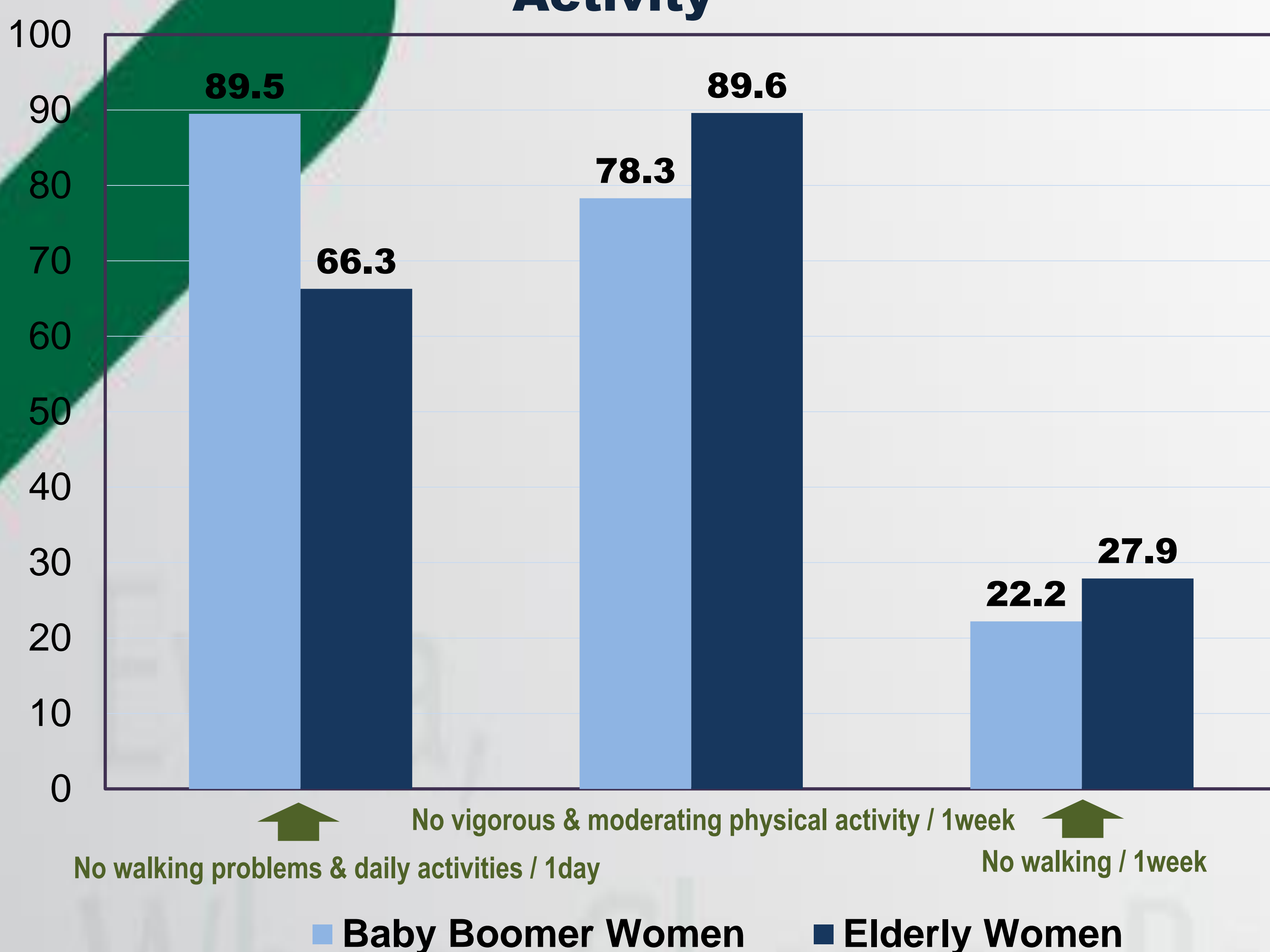
Health Status



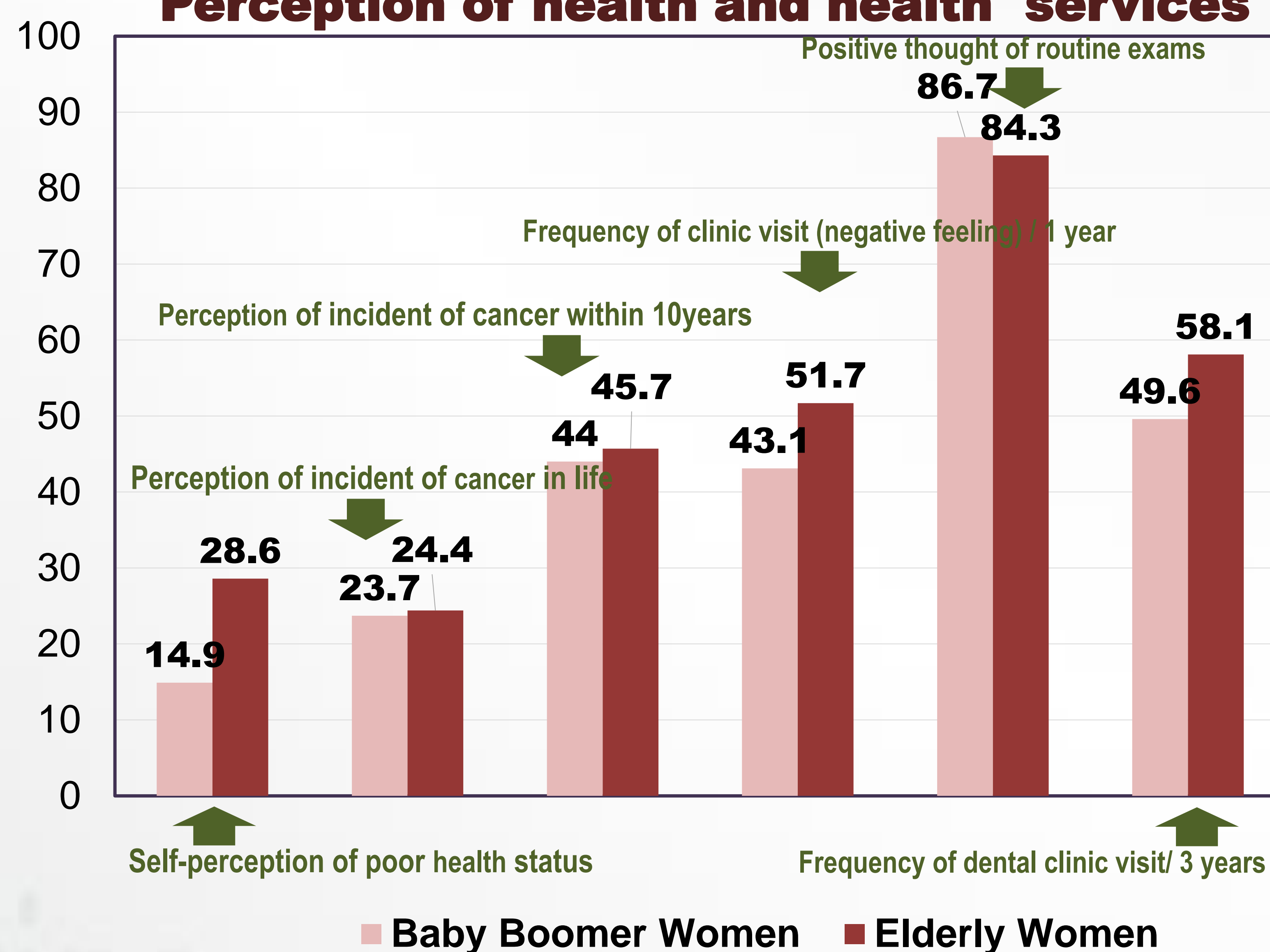
Healthy lifestyle



Activity



Perception of health and health services



Conclusion

These results could be fundamental information to understanding of comprehensive health conditions for baby boomer women and elder women in Korea. Therefore, all of the information will allow the women and nurses to take these strategies into consideration so that the women maintain health.