

Influences of Women's Childbirth Experiences related to Husband's Supports for during Childbirth and Attitudes toward Husband's Childbirth Presence



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Purpose & Background

Most Korean women experience the childbirth once or twice in their whole lives. Thus, they recognize it as an event that shares the joy and pain together with their families. Women want to accompany their husbands in the childbirth for the special and satisfying childbirth experience. Husbands also want to take a role as a supporter to help their wives. Based on these requests from couples, lots of husbands attend in the childbirth experience. However, not every woman has had the satisfying childbirth experience when their husbands were presence in their childbirth. Even some women did not want their husbands in their later childbirth. Until now, there have been lots of studies on finding out factors that affect women's childbirth experiences, but there have been little studies on their husbands.

Therefore, this study was to identify the relations among husband's supports during childbirth, attitudes toward husband's childbirth presence, and the childbirth experiences in women.

Method

Study design

This study is a descriptive research intended to find the husband's supports for during childbirth recognized by women and factors that how attitudes toward husband's childbirth presence affect to the childbirth of women.

Participants

The participants in this study were 178 women who were within 2 days after normal spontaneous vaginal delivery. There were no health problems in mothers and babies and they were hospitalized in 5 hospitals for women in D city, Korea.

Procedure

A convenience sampling method was adopted for this study. We got permission of survey them after we explained the purpose and the method of our study. The study subjects completed self-report questionnaire and their reports were collected.

Data were collected from September 1st to September 30th, 2013. Collected data were analysed by t-test, one way ANOVA, Pearson's correlation coefficient, and stepwise multiple regression using IBM SPSS/WIN Ver. 19.0 program.

Result

Women's childbirth experience had the forward correlation with husband's supports during childbirth recognised by women and also had the forward correlation with attitudes toward husband's childbirth presence (Table 1).

Factors that affected women's childbirth experience were husband's emotional supports for the childbirth, psychological readiness for the childbirth, attitudes toward husband's childbirth presence, and childbirth supporters other than husbands and showed 35% of explanatory power (Table 2).

Table 1. Correlations among the Husband's Supports during Childbirth and Attitudes toward Husband's Childbirth Presence, Childbirth Experiences in Women (N=178)

	Childbirth experiences	Husband's Supports during childbirth
	r(p)	r(p)
Husband's supports during childbirth	.35 (<.001)	
Attitudes toward husband's childbirth presence	.43 (<.001)	.45 (<.001)

Table 2. Factors Influencing the Childbirth Experiences in women (N=178)

Variables	B	SE	β	t	p
Husband's supports during childbirth (Emotional supports)	1.18	.24	.33	4.86	<.001
Psychological readiness for the childbirth* (d2)	8.05	1.77	.28	4.55	<.001
Attitudes toward husband's childbirth presence	.19	.06	.22	3.17	.002
Childbirth supporters (other than husbands)* (d1)	3.79	1.67	.14	2.27	.025
F=24.28 p<.001				Adj. R ² =.35	

*Dummy variables (little=0, moderate=d1, much=d2; none=0, yes=d1), Adj.=Adjusted

Conclusion

It would be necessary to develop nursing intervention programs that increasing husband's emotional supports during childbirth, psychological readiness for the childbirth, attitudes toward husband's childbirth presence, and childbirth supporters other than husbands to increase positive childbirth experiences in women. And as it is required the long term approach for the change of their attitudes, there should be continuous childbirth education including counseling before the childbirth and supplying information.

Nurses should also provide husbands with satisfactory cares during childbirth.