



Symposium

Overcoming Challenges: Operationalizing a Multisite Nursing Education Research Study

Presented by
Minnesota Consortium for Nursing Education Research
(MCNER)

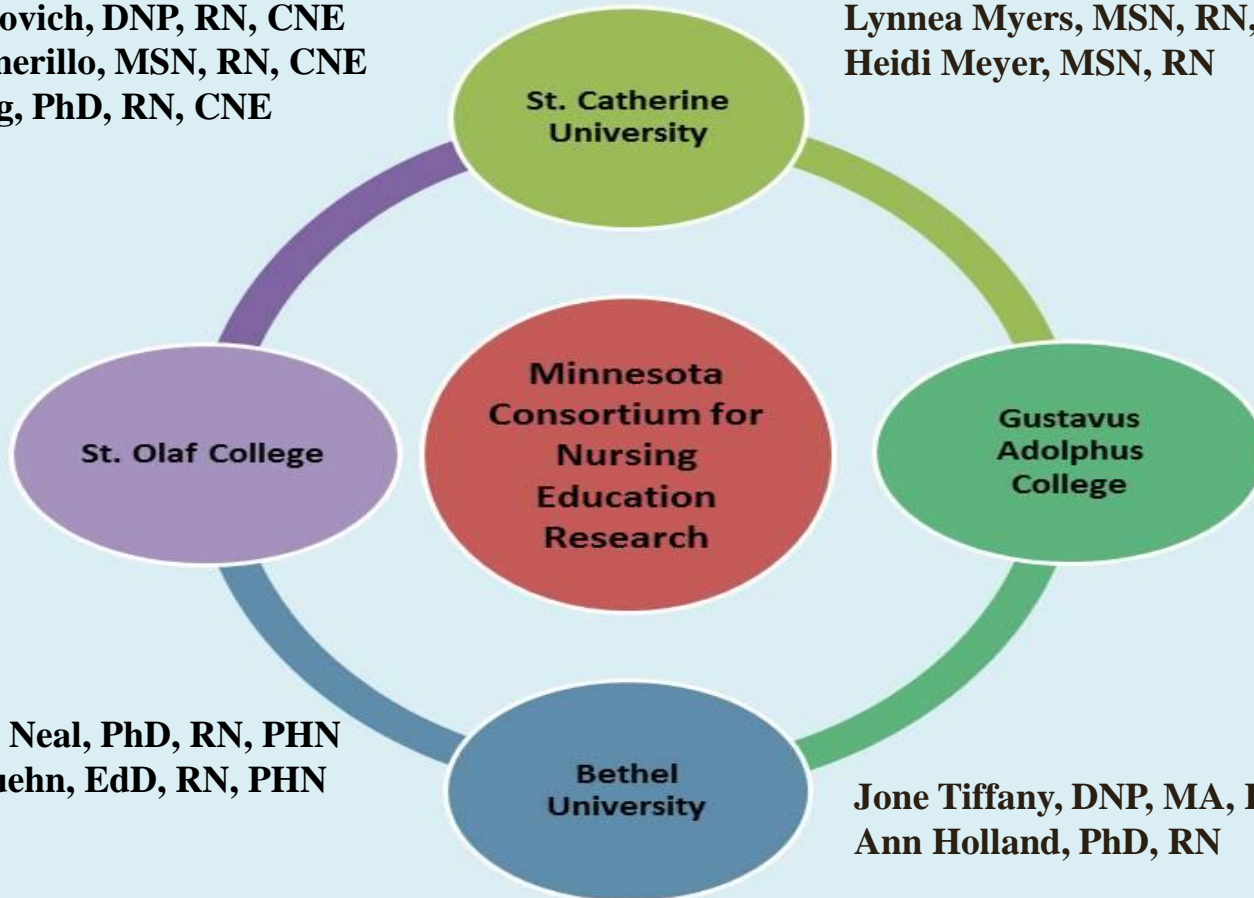
Sigma Theta Tau International Nursing Research Congress



The search for evidence...

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Part 1

Evaluating Learning with Simulation and Debriefing: Tools and Measurement

Setting the Context



...Explore strategies that integrate content knowledge with knowledge of the context creating dialogue that invites questions in a reflective and critical manner.

Operationalizing the Blueprint

...SLO's drive
teaching and
formative
assessment
strategies

POS Curriculum Map - FINAL

| | Context and Environment | Knowledge and Science | Teamwork | Quality and Safety | Personal and Professional Development | Relationship Centered Care |
|--|---|---|---|---|---|--|
| LEVEL 1 | | | | | | |
| Level I (end of spring semester sophomore year) | Use theoretical concepts from the liberal arts and nursing to describe the purpose and process of nursing care. | Identify linkages among theory, practice, evidence and critical reflection in the design of nursing care. | Demonstrate professional communication in all settings. | Promote factors that create a culture of safety, quality improvement, and caring. | Discuss the patterns of knowing in development of the professional nursing role. | Develop a beginning proficiency in the provision of holistic nursing care. |
| 2900 Intro to Nursing | Apply pertinent theoretical concepts and perspectives from the liberal arts goals that supports a holistic view to create a foundation for nursing knowledge. | Use critically reflective thinking to link evidence in the assessment and analysis of the functional health patterns. | Apply effective interpersonal and professional communication skills establishing relationships as a member of the health care team. | Discuss the concepts of health promotion and wellness across the continuum of care. | Discuss how the patterns of knowing in nursing practice impact the development of personal and professional practice behaviors. | Demonstrate analysis skills as the assessor. |

| | Context and Environment | Knowledge and Science | Teamwork | Quality and Safety | Personal and Professional Development | Relationship Centered Care |
|-------------------------------|---|---|---|---|---|--|
| 2900 Intro to Nursing | Apply pertinent theoretical concepts and perspectives from the liberal arts goals that supports a holistic view to create a foundation for nursing knowledge. | Use critically reflective thinking to link evidence in the assessment and analysis of the functional health patterns. | Apply effective interpersonal and professional communication skills establishing relationships as a member of the health care team. | Discuss the concepts of health promotion and wellness across the continuum of care. | Discuss how the patterns of knowing in nursing practice impact the development of personal and professional practice behaviors. | Demonstrate analysis skills as the assessor. |
| 2910 Nursing Care of Families | Apply theoretical concepts from the liberal arts goals in the | Use critically reflective thinking to link evidence to the | Demonstrate ability to engage in interprofessional | Discuss the continuity of care within and across healthcare | Discuss the patterns of knowing in nursing practice impact the development of personal and professional practice behaviors. | Use relationship centered care |

Discuss how the patterns of knowing in nursing practice impact the development of personal and professional practice behaviors.

Critical Conversations



...Explore strategies that integrate content knowledge with knowledge of the context creating dialogue that invites questions in a reflective and critical manner.



Pilot Study - Full Scale Study

- **Full Scale Study:**

- Quasi-experimental, pre-test-post-test, repeated measure research design

- **Purpose:**

- To determine if undergraduate nursing students demonstrate a positive change in clinical reasoning skills using the Debriefing for Meaningful Learning (DML) model

- **Variables:**

- **Independent:** DML
- **Dependent:** Clinical Reasoning – Health Sciences Reasoning Test



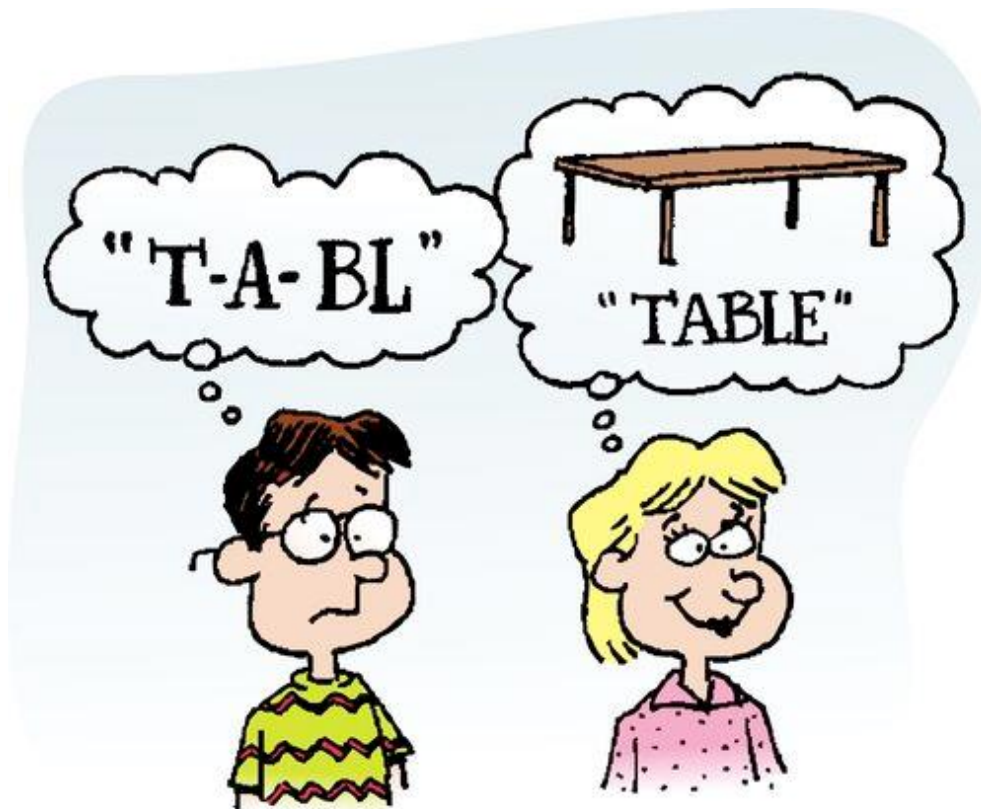
What do the results really tell us:

- Dreifuerst's raw scores illustrated a positive change in clinical reasoning skills with use of the DML debriefing model.
- *Statistically significant*
- *N=238*
- MCNER full scale study findings illustrated a positive change in the raw scores in clinical reasoning,
- *Statistically significant*
- *N= 153*



Enhanced Teaching Strategies

Use of reflection and dialogue to improve thinking



Challenges & Opportunities for Change

Factors that create both opportunities and challenges for change:



- Faculty Development
- Transfer of Learning Outcomes
- Clinical Partner Development



Part 2

Operationalizing Education Research



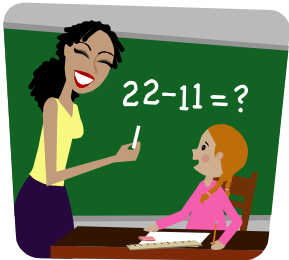
For your consideration...

- Need for valid and reliable instruments
- Importance of evaluating learning outcomes relative domains of learning
- Familiarity with existing instruments



Domains of learning

- Cognitive Domain
 - Knowledge ; development of intellectual skills
- Psychomotor Domain
 - Physical movement, coordination and use of motor skills
- Affective Domain
 - Emotions; manner in which we deal with things emotionally



(Bloom, 1956)



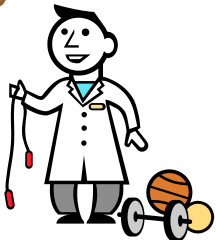
Examples

•Affective:



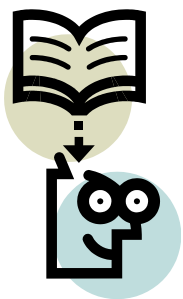
- Example: Dobbs, Sweitzer, & Jeffries (2006)
 - Student Satisfaction and Self-confidence

•Psychomotor:



- Example: Rosen, Salas, Silvestri, Wu & Lazara (2008)
 - Simulation module for assessment of residents targeted event responses (SMARTER). Uses Accreditation Council for Graduate Medical Education (ACGME) core outcome competencies to derive learning objectives for simulations.

•Cognitive:



- Example: Hoffman, O'Donnell, & Kim (2007)
 - Basic Knowledge Assessment Tool 6 (BKAT-6): 100-item paper-and-pencil test measures basic recall and application of information in critical care for new graduates or nurses new to critical care



Challenges With Evaluation

- Moving beyond satisfaction and self-efficacy
 - Kirkpatrick's Levels of Evaluation
 - Level 1 – Reaction (e.g. confidence and satisfaction in learning)
 - Level 2 – Learning (e.g. to what degree did they learn)
 - Level 3 – Behavior (e.g. to what degree did it impact behavior)
 - Level 4 – Outcomes (e.g. did we get the results we wanted)



Newer Evaluation Instruments Reported

- Spielberger State-Trait Anxiety Inventory
 - Evaluates participant level of anxiety – usually and in the moment (Gore, Hunt, Parker, & Raines, 2011)
- **Health Sciences Reasoning Test**
 - **Evaluates clinical reasoning (Shinnick & Woo, in press)**
- Kolb Learning Inventory
 - Evaluates best style of learning (Shinnick & Woo, in press)



Standardized Teaching Strategies

Advancing Care Excellence for Seniors (ACES project)

- Unfolding Simulation
- Scenario Development
- QSEN integration



ACES- Unfolding Simulation

➤ About the NLN

➤ Certification for Nurse Educators

Faculty Programs & Resources

➤ Faculty Programs & Resources

- Professional Development Calendar
- Leadership Activities
- Teaching Resources
- Simulation and Technology
- NLN Competencies for Nursing Education
- Get Involved

➤ Membership Information

➤ NLN Publications

➤ Public Policy

➤ Recognition Programs


➤ Research & Grants

➤ Testing Services

➤ NLN Education Summit

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Faculty Programs & Resources



ACES

Advancing Care Excellence for Seniors

Case #1: Millie Larsen
Author: Cynthia Reese, PhD, RN, CNE
Professor
Lincoln Land Community College
Springfield, IL

Overview: Millie Larsen is an 84-year-old Caucasian female who lives alone in a small home. Her husband Harold passed away a year ago and she has a cat, Snuggles, who is very important to her. Millie has one daughter, Dina Olsen, who is 50, lives nearby, and is Millie's major support system. Her current medical problems include: hypertension, glaucoma, osteoarthritis of the knee, stress incontinence, osteoporosis, and hypercholesterolemia.

Monologue: Millie is at the clinic for routine examination and medication follow up. She is taking several anti-hypertensive medications, diuretics, and analgesics. During the monologue, Millie provides important details of how she views her current life situation.



ACES- Scenario Development & QSEN Integration

| ACES Millie Larsen Unfolding Simulations | <u>Overview of Unfolding Simulation</u> | <u>QSEN Competency Level</u> |
|---|--|--|
| Simulation #1 | 3:00 PM -Initial admission to the hospital from the outpatient clinic. | Beginner QSEN competencies - FOCUS on Patient Centered Care |
| Simulation #2 | 7:00 AM- Hospital stay Day 2 | Intermediate QSEN competencies - FOCUS on Safety, Patient-Centered Care, Teamwork and Collaboration |
| Simulation #3 | 9:00 AM - Hospital stay Day 2 - discharge planning | Advanced QSEN competencies - FOCUS Safety, Patient-Centered Care, Teamwork and Collaboration, Quality Assurance, Informatics |

Table 1 – Integration of QSEN competencies leveled with ACES Millie Larsen Simulations

Forneris, S. G., Crownover, J. G., Dorsey, L. E., Leahy, N., Maas, M. A., Wong, L., Zabriskie, A., and Zavertnik, J. E. (2012).



Debriefing for Meaningful Learning © Methodology

- ❖ Constructivism (Dewey, 1933)
- ❖ Reflective Cycle (Gibbs, Farmer, & Eastcott, 1988)
- ❖ Interactive Learning Cycle from the Significant Learning Framework (Fink, 2003)
- ❖ E–5 framework for effective teaching (Bybee et al., 1989)
 - ❖ Engage
 - ❖ Explore
 - ❖ Explain
 - ❖ Elaborate
 - ❖ Evaluate
 - ❖ Extend (Dreifuerst, 2010)



Debriefing for Meaningful Learning ©

DML Student Worksheet

1. What is the first thing that comes to mind about the simulation experience?

2. What went right and why?

3. What would you do differently and why?

Framing: (What is the client's story?)

Focused Key Problem/ND:



Teaching Thinking

Students:

- 1) integrate multiple perspectives into their thinking
- 2) interpret their knowledge
- 3) understand their actions

Faculty:

- 1) ask critical questions that challenge information
- 2) guide the student to discern what is relevant
- 3) role model thinking like a nurse



Teaching Thinking

In a nut shell:

- 1) what was the student thinking about while they were involved in the situation (i.e. think out loud)
- 2) what influenced their thinking and actions
- 3) what did the student learn

Confusion - things are

84/40
Female
lives alone - widow (1 yr)
Dina - daughter (lives nearby) - supporter
Snuggles - cat
Involved church
Cooks
Garden - roses
Friends church - other support
meds - lots - polypharmacy
stressors

HTN - chronic
med compliance
* ACE inhibitor - lisinopril
* Beta blocker - metoprolol
* Lasix - furosemide

Confusion
UTI
Dehydration
Na - 149
orientation

Incontinence
Sleep
Eating
Confusion
Falls
skin breakdown

Delirium - acute
Dementia - gradual progressive

BP - meds (pharm)
WBC - UTI - (meds)
Hydration - I/O
↑ fluid intake

* Assess
* confusion
* falls
* labs
HTN - meds
UTI - meds

Dreifuerst, K.T. (2010). Debriefing for meaningful learning: Foster development of clinical reasoning through simulation. Retrieved from Proquest Dissertations and Theses.



Student Preparation for Active Learning

- Learning Outcomes – beginning with the end in mind
- Individual Preparation
 - Readings Related to Topics/Concepts to be discussed
- Psychomotor Skill Familiarity



Teaching Thinking in Class

Salience Essay #1.

Instructions: The Salience essay questions measure course learning outcome 2 “Discern salient data in various patient care conditions.” Read the case scenario and provide a brief response with an explanation of your rationale.

CASE 1: You are the nurse doing post-operative teaching for a patient who is going home from the hospital today after a successful colon resection surgery a week ago. Temperature 98.8 degrees F., pulse 74, respirations 16, blood pressure 128/76, oxygen saturation 94% on room air. Pain is 2 out of 10 after taking two tablets of hydrocodone/acetaminophen 10/325 mg an hour ago. The incision is well approximated and staples are intact. There is a small amount of serous drainage on the dressing. No redness or edema at the incision. The physician orders are that the patient should change the gauze dressing daily until the clinic appointment next week. The patient states “I am nervous about going home because the last time I had surgery, the incision became infected and I don’t want to have another infection.” Lungs are clear. Bowel sounds are positive in all four quadrants and the last bowel movement was yesterday. The patient lives in a two story home with his spouse, and the only bathroom has a bathtub without a shower. The patient reports his hobby is fixing up classic cars and states “I am looking forward to working outside on my car while I am home from work for six weeks recovering from surgery!” **Based on what you have learned about infection and information from this patient’s story, identify three points you will include in your patient education to help this person prevent postoperative infection.**

| Point you will include in the patient education..... | Why is this important?..... |
|--|-----------------------------|
| 1. | |
| 2. | |
| 3. | |

Figure 2 Salience Essay



Teaching Thinking in Clinical

CASE ANALYSIS ASSIGNMENT #1

Instructions:

1. Read the attached case. Identify the most relevant data for this patient. Include no more than 5-7 data points. List the data below with the pathophysiologic rationale for its inclusion. Try to only cluster data if it pertains to each other.

| Data | Rationale |
|------|-----------|
|------|-----------|

2a. Review the data you identified in question #1. Recall the central concepts we have studied this year. Identify the priority central concept that most clearly explains the pathophysiology of the disease in this case.

The Priority Central Concept: {Name what is happening, e.g. Altered Cells}

2b. Explain the underlying pathophysiology of the identified central concept in relationship to the disease process: {What is happening in the body? Give a thorough pathophysiologic description down to the cellular level}. Try to put this in your own words or thoughts.

3. Which labs and other diagnostic tools support you with identifying the medical diagnosis. In your own words, briefly explain their relevance within the context of this case.

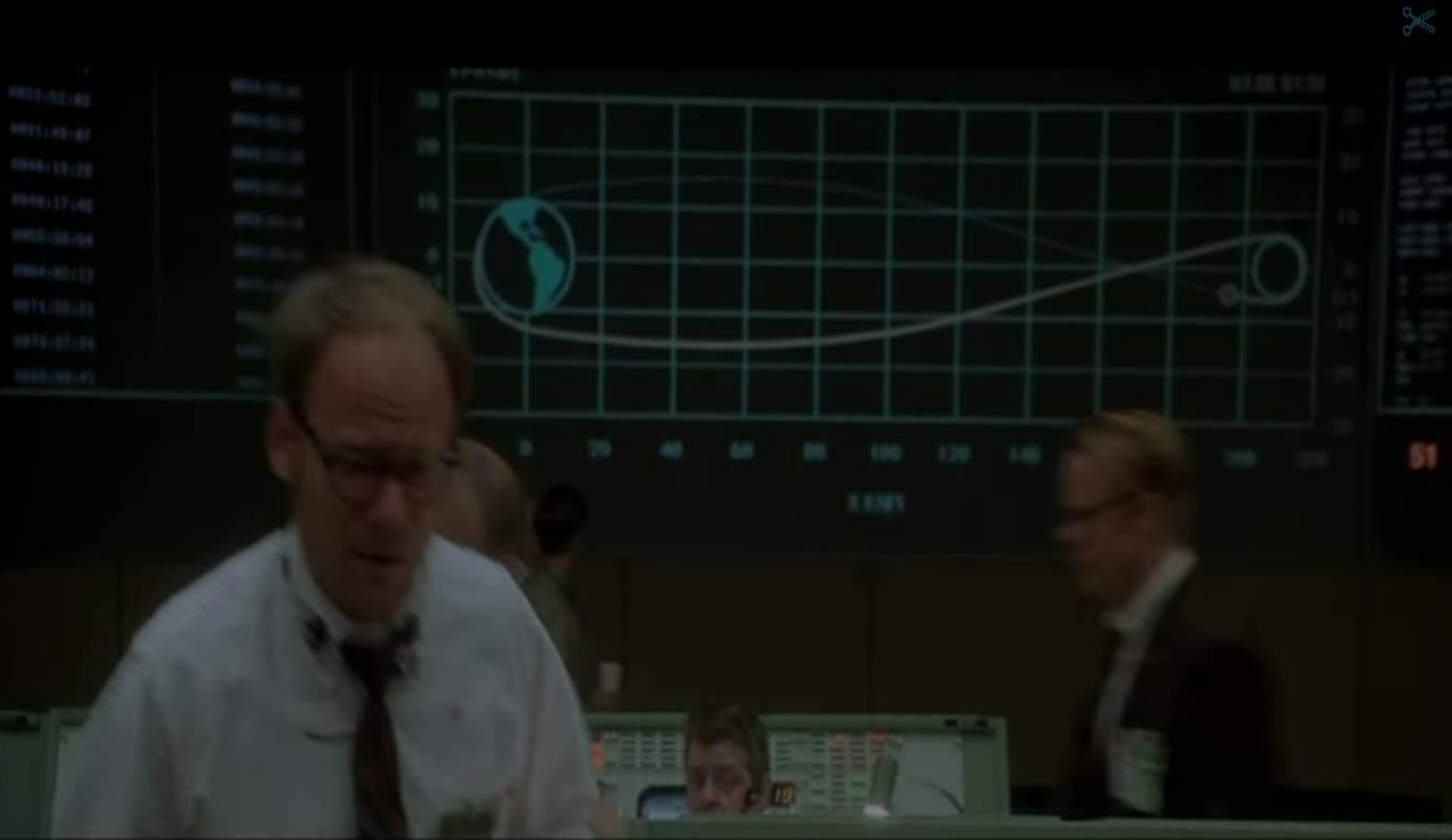


Part 3

Translating Learning Outcomes to Enhance Teaching and Curriculum



Square Peg in a Round Hole



Roger's Diffusion of Innovation

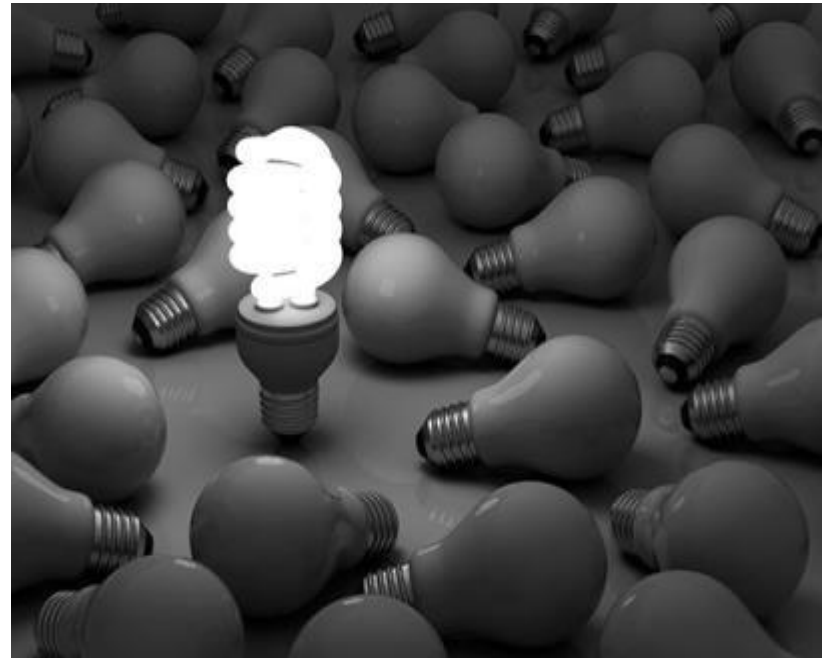
- Relative Advantage
- Compatibility
- Complexity
- Trialability
- Observability



(Rogers, 2003)

Roger's Diffusion of Innovation

- Innovators
- Early Adopters
- Early Majority
- Late Majority
- Laggards



(Rogers, 2003)

Road-Blocks, Detours and Re-Routes, Oh My!





Road-Blocks: Curricula

- Program Priorities
- Additive Curricula
- New Curricula in progress – too many changes already
- Accreditation



"I'll be happy to give you innovative thinking. What are the guidelines?"



Road-Blocks: Faculty

- Too Busy
- Multiple Responsibilities
- Size of the School
- Lack of Power
- Resistance





Student Response



You know how the prof usually led the discussion around certain highlights of the events that happened during the sim scenario(while the students are feeling a little bored)? Well..... basically we used data gleaned during the scenario to create a pseudo-concept map on the marker board with the instructor as the “scribe” while we drew verbal connections between the data and the patient’s story they “came in with.” We had to constantly think about how one thing connected to the next. I left there being able to apply what I learned to new situations.



Supporting faculty to create change

- Administrative support
- Faculty champions
- Networking—reducing isolation
- Encouraging innovation





Reframing curricula

- Overcoming inertia— ‘we’ve always done it this way’
- Enhancing intra-departmental collaboration
- Incorporating cutting edge best practices
- Encouraging innovative teaching methods
- Educating the Educator





Student management

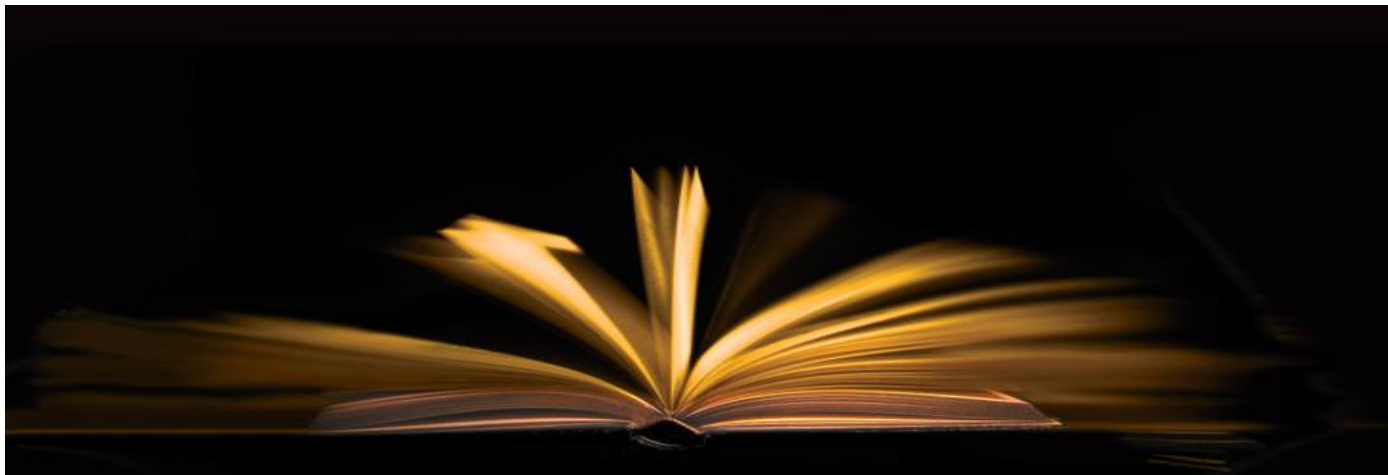
- Setting expectations
- Threading the innovation throughout the spectrum of learning and assessment
- Harnessing student enthusiasm





Faculty Service and Scholarship

- Local and regional consortia
 - Developing networks
 - Writing collaborations
 - Grant writing support





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Questions?

