# Addressing Leadership Challenges Dr. Kristy Chunta Dr. Teresa Shellenbarger

Sigma Theta Tau International's 26<sup>th</sup> International Nursing Research Congress San Juan, Puerto Rico, July 2015

# Leadership Challenges

- Clinical practice
- Education
- Administrative

# **Evidence Guiding Practice**

- Limited research literature in nursing, nursing education
- Some literature in business
- Conducted literature searches in CINAHL, Ovid, and Business Source Premier databases
- Keywords: leadership, integrity, adversity, attitude, failure, and criticism

# The Integrity Choice

- Integrity defined as being just, honest, and trusting the process (Parse, 2008)
- "Guard your integrity as if it is your most prized possession" (Cottrell, 2008).

## Integrity

- Study measured perceived integrity in manufacturing
- Compared low-ethical, moderate ethical, and high ethical
- Perceived Leadership Integrity Scale
- 72% of respondents felt leaders had high integrity

## Integrity

- Study of values as determinants of the motivation to lead
- Those with increased integrity levels viewed situations as needing their leadership
- Motivation may be driven by obligation instead of desire

# Integrity

Literature in Nursing suggests 8 steps towards integrity:

- 1) Doing what we say we will do
- 2) Doing the right thing
- 3) Taking responsibility
- 4) Supporting our own weight
- 5) Holistic thinking
- 6) Respecting others
- 7) Checking the mirror
- 8) Defining the rules and values

# The Adversity Choice

 "A state or instance of serious or continued difficulty or misfortune" (Merriam-Webster, 2015)

# Adversity

- Research examined how physician leaders developed on the job
- Handling adversity identified as a key lesson
- Developing ways to accomplish one's goals in the face of obstacles
- Leaders discussed difficult situations are often not out of one's control/need to take action

# Adversity

- Article referencing lessons that make great leaders
- Success does not lead to wisdom, overcoming adversity does
- Outstanding performers have common theme
  - overcoming adversity/failure
- Use missteps to make better choices

#### Attitude

- Literature defined attitudes as "determinants of behavior."
- Linked to personality, perception, feelings, and motivation
- Mental state of readiness learned and organized through experience

#### Attitude

- Research examining nursing leadership in academic hospital
- Theoretical framework: Maxwell's Four Pillars of Leadership
  - Relationships
  - Equipping
  - Leadership
  - Attitude

#### **Attitude**

- Leaders should:
  - Evaluate their attitude
  - Believe bad attitude can be changed
  - Change to positive thought patterns
  - Choose to have a right attitude

- Literature review on why leaders fail
- Causes:
  - Arrogance
  - Aloofness
  - Perfectionism
  - Insensitivity
  - Selfishness
  - Betrayal of trust

- Survey of employees identified 7 common leadership pitfalls:
  - Lying
  - Bullying
  - Stealing ideas
  - Playing favorites
  - Not communicating
  - Managing inconsistently
  - Being unsupportive

- "Leader's inability to exhibit core leadership behaviors"
- Causes of failure identified in Nursing:
  - rigidity
  - poor relationships
  - low self-awareness
  - lack of open and reflective thinking

- 3 types of failure:
  - Failure of omission
  - Failure by commission
  - Failure outside area of responsibility

- Failure provides opportunity to learn and grow
- Open and honest
- Offer apology
- Promotes truth and integrity

- Powerful management tool
- Can provoke negative responses
- Necessary for continued learning and improvement

## **Next Steps**

- Research
  - Qualitative and quantitative studies needed in nursing
- Reflection and Deliberative Practice

## Recommended Readings for Reflection

Cottrell, D. (2008). Monday morning choices: 12 powerful ways to go from everyday to extraordinary. New York, NY: Harper Collins.

Kralik, J. (2013). A simple act of gratitude: How learning to say thank you changed my life. New York, NY: Hyperion.

Novak, C. (2004). Conquering adversity: Six strategies to move you and your team through tough times. Dallas, TX: Cornerstone Leadership Institute.

Patterson, K., Grenny, J., McMillan, R., & Switzler, A. (2011). *Crucial conversations: Tools for talking when stakes are high.* U. S.: MacGraw-Hill.

Stapeley, L. (n.d.). *The power of affirmations & the secret to their success*. U. S.: Amazon Publishing.

## **Business Readings**

- Boone, L. W., & Makhani, S. (2012/2013). Five necessary attitudes of a servant leader. *Review of Business*, *53*(1), 83-96.
- Clemmons, A. B., & Fields, D. (2011). Values as determinants of the motivation to lead. *Military Psychology, 23*, 587-600.
- Kovjanic, S., Schuh, S. C., & Jonas, K. (2013). Transformational leadership and performance: An experimental investigation of the mediating effects of basic needs satisfaction and work engagement. *Journal of Occupational and Organization Psychology, 86*, 534-555.
- McCann, J., & Holt, R. A. (2012). Perceived leadership integrity in the manufacturing industry. *Journal of Business Ethics*, 115, 635-644.

## **Business Readings**

- Nowill, D. P. (2011). Lessons of experience: Key events and lessons learned of effective chief medical officers at freestanding children's hospitals. *Journal of Healthcare Management*, 56(1), 63-79.
- Sullivan, J. (2009). Studying mistakes with humility, discipline reveals the lessons that make great leaders. *Nation's Restaurant News*, 23(21), 14,50.
- Wilson, S. (2013). Resilience, persistence, unshakeable optimism. British Journal of Healthcare Management, 19(9), 449-451.

# **Nursing Readings**

Chaffee, M. W., & Arthur, D. C. (2002). Failure: Lessons for health care leaders. *Nursing Economic\$*, 20(5), 225-231.

Kerfoot, K. (2007). The art of truth telling: Handling failure with disclosure and apology. *Dermatology Nursing*, 19(3), 298-299.

Maboko, D. R. (2011). Nursing leadership in an academic hospital in Gauteng. *Journal of Nursing Management, 20,* 912-920.

Mildbrandt, D. (2003). A demand for integrity. Michigan Nurse, 76(5), 4.

Parse, R. R. (2008). The humanbecoming leading-following model. *Nursing Science Quarterly, 21,* 369-375.

#### **Contact us**

Kristy Chunta kchunta@iup.edu

Teresa Shellenbarger tshell@iup.edu