

CONESTOGA Connect Life and Learning

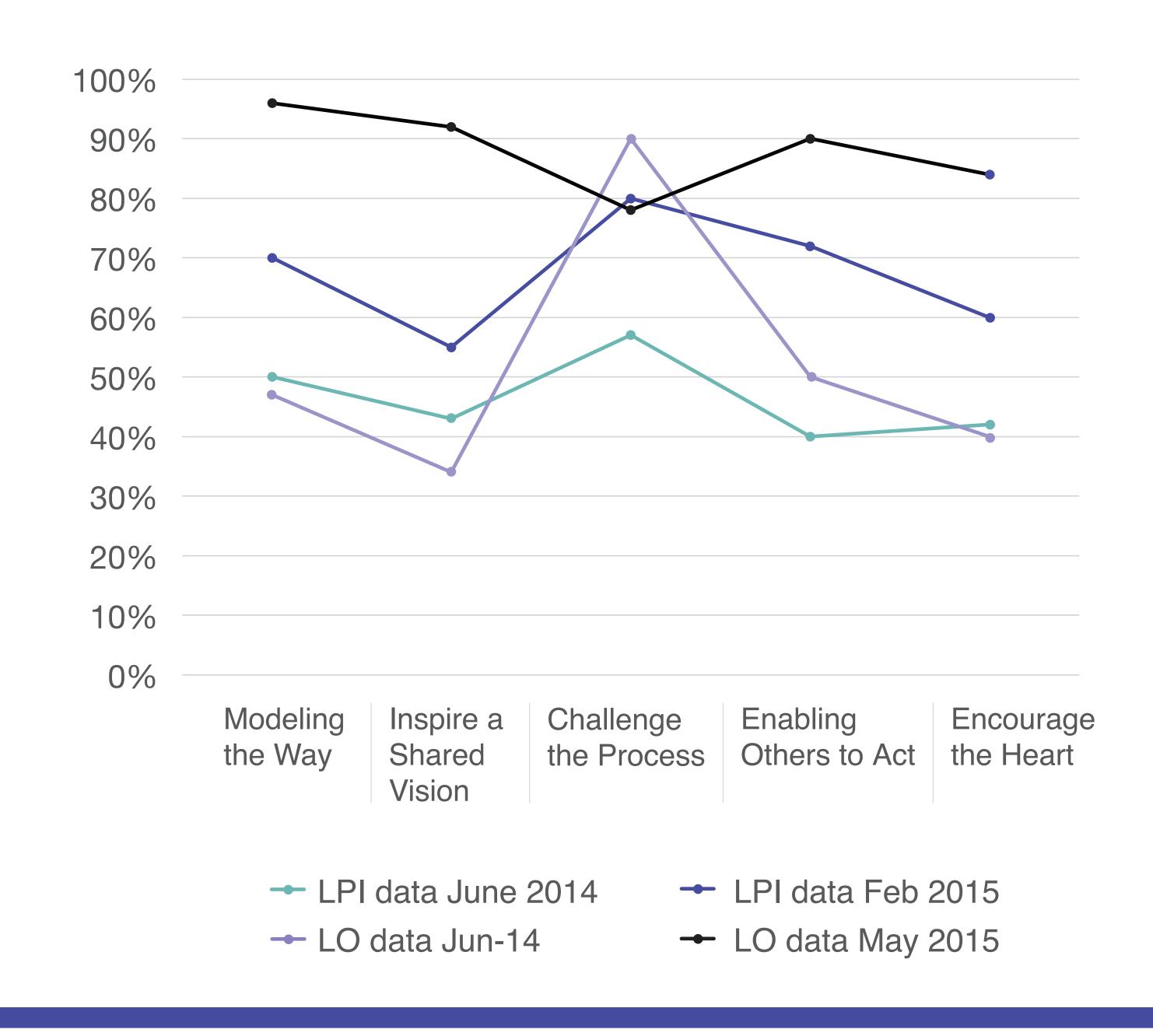
INDIVIDUAL LEADERSHIP DEVELOPMENT

Goals

- Inspire others by creating a shared vision.
- Encourage the hearts of colleagues by forming mutually positive relationships.
- Lead through clear and concise communication.
- Use my brand to influence others.

Outcomes

- Improvement in team effectiveness and productivity.
- Increased self awareness led to enhanced ability to facilitate meetings.
- Intentionality of applying leadership abilities resulted in improved communication in all areas of life.
- Change to voice tone/resonance led to greater impact as a facilitator.
- Took risks to engage others in common goals.



Individual Leadership Goal Achievement

LEADERSHIP WITH INTENTION AND IMPACT

INTERPROFESSIONAL TEAM LEADERSHIP PROJECT

Purpose

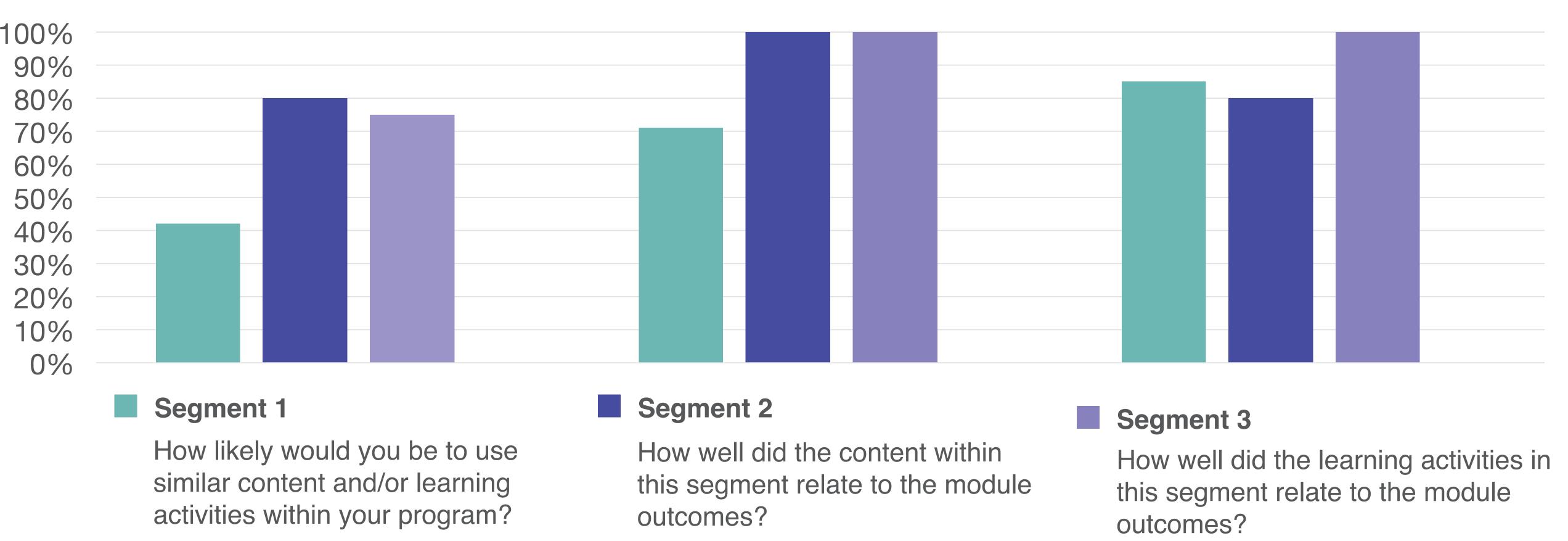
To provide an accessible, applicable, and relevant education module for health care professionals working with older adult clients at risk for depression.

Background

Depression is prevalent among seniors in Canada (CIHI, 2014.) Health care professionals (HCPs) require relevant assessment skills, effective communication strategies, and best practice knowledge and application. A comprehensive module focused on this topic was developed along with key stakeholders, keeping in mind how HCP best learn (Baycrest, 2012; Bruyere, 2013).

Methods

Project team members, community stakeholders, and content/ curriculum experts were included and completed gap analyses, focus groups, reliable survey instruments and verbal feedback.



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Outcomes

- Serves as a benchmark for a post graduate certificate (PGC) in gerontology.
- Provincial funding of \$300,000 granted for sustainability of PGC.
- Commitment by HCP program faculty and programs to integrate more geriatric content after recognizing inadequacy of current curricula.

Future Implications:

- Commitment by Conestoga College to expand and sustain this project, with the implementation of a gerontology PGC in 2016.
- Community partners have also committed to the module and PGC.
- National endorsement by the Canadian Nurses Association (CNA) is expected.

Key Module Participant Ratings

Geriatric Nursing Leadership Academy Sigma Theta Tau International Honor Society of Nursing* HEARSTfoundations



EXPANDED SCOPE OF INFLUENCE

Goals

- Be a recognized leader in gerontological education.
- Increase my influence and impact related to the care of older adults.
- Use the power of nursing to influence policy and practice.

Outcomes

ORGANIZATION

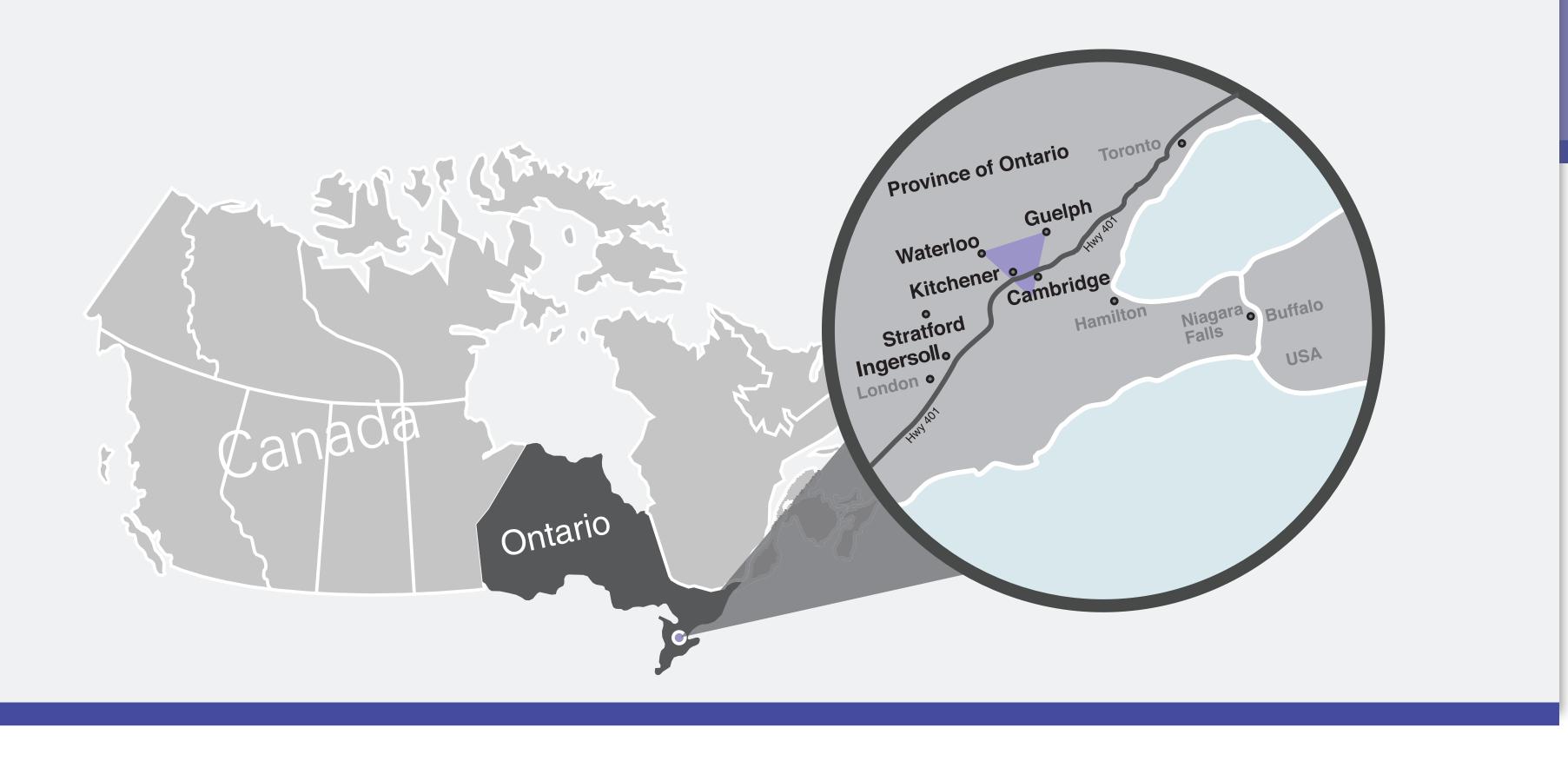
- Expanded network by working with the media, having Lunch with Leaders, and engaging in Professional Development activities.
- Asked to present x 3 to staff on care of older adults.
- Selected as representative for on site film about nursing.
- Expanded role as a designated Highly Qualified Professional (HQP) within the School of Health Sciences.
- Created change and innovation in how education is delivered.

COMMUNITY

- Consulted with the Waterloo Region Elder Abuse Response Team.
- Received annual \$50,000 in funding for community organization. following presentation to Regional Council.
- Featured guest on podcast focused on people who are leaders.

PROFESSION

- Elected to the Executive on provincial and national associations.
- Met with federal politician to discuss needs of older adult population.
- Selected as representative for special delegation of GNLA Fellows to present at the STTI biennial convention in 2015.
- Attended 8 geriatric conferences and webinars throughout 2014/15.







Enhancing Outcomes for Patients and Their Caregiver