



THE PARISH NURSING MINISTRY: ENHANCING COMMUNITY SUPPORT IN HEALTH PROMOTION AND DISEASE PREVENTION

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OBJECTIVES

The learner will:

- Describe the purpose of parish nursing.
- Review Kouzes and Posner's leadership principles.
- Explore the ways in which a parish nursing ministry may contribute to health promotion and disease prevention.

PARISH NURSING DEFINED

Parish Nursing is a health ministry of faith communities which emphasizes the wholeness of body, mind, and spirit.

The Canadian Association for Parish Nursing Ministry



PURPOSE

- Parish Nursing is all about supporting people and communities towards whole person healthcare. It can happen through a local church of any denomination.

Parish Nursing Ministries UK



PARISH NURSING IS IN THE FOLLOWING COUNTRIES:

- Australia, Bahamas, Canada, Costa Rica, England, Finland, Germany, Ghana, India, Japan, Kenya, Korea, Madagascar, Malawi, Malaysia, New Zealand, Nigeria, Pakistan, Palestine, Philippines, Scotland, Singapore, South Africa, Swaziland, Ukraine, USA, Wales, Zambia, & Zimbabwe.



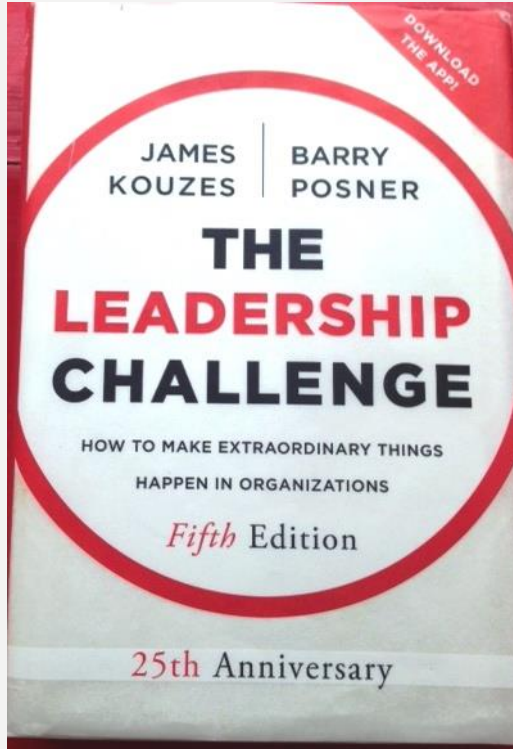
WHAT DO PARISH NURSES DO?

- Evidence suggests parish nursing may impact health promotion, disease prevention, and chronic care self-management.
- Parish nurses discover/create the ways in which they may promote health within their faith communities.

LEADERSHIP DEVELOPMENT

- *Kouzes and Posner's Book "The Leadership Challenge" provided the tools needed to inspire a team of over 40 individuals to discover/create ways in which we could contribute to health promotion in a parish of over 60,000 people.*

LEADERSHIP PRACTICES



- Model the Way
- Challenge the Process
- Inspire a Shared Vision
- Enable Others to Act
- Encourage the Heart

MODEL THE WAY

- Clarify your values and align your actions with these values.
- Model the way people should be treated.
- Remember change can overwhelm people...start small.
- Create opportunities for victory.



MODEL THE WAY

- Open the doors of your ministry to the community
 - *The SEAS Parish Nursing Ministry is comprised of health care professionals, youth, and others who have the health of our parishioners at heart. They are nurses, therapists, educators, artists, and people interested in the health of the parish.*

MODEL THE WAY

- From a legal and practical standpoint in our parish, key policies needed to be developed:
 - No home visits except to hospice patients
 - No medications
 - No dressings

CHALLENGE THE PROCESS

- Dream together/brainstorm
- Say no to naysayers...encourage ideas
- The “sky is the limit” attitude
- Experiment: It is ok to take risks



CHALLENGE THE PROCESS

- Remember, the best things we learned, we learned in kindergarten!



INSPIRE A SHARED VISION



- Vision

Focus on Health Promotion: Health of body, mind, and spirit!

- Mission

Let us preach by the sympathetic influence of what we do.

ENABLE OTHERS TO ACT

- Call on the Parish Community to volunteer at activities.
- Seek to find the talents in people!



ENABLE OTHERS TO ACT

- Trust people!
- Avoid perfectionism!
- Trust that the end product will be better than you could have imagined!
- Be the best cheerleader you can be!



ENCOURAGE THE HEART

- Maintain a community spirit!
- Recognize each contribution!
- Celebrate often!





MINISTRY ACTIVITIES

OUR FIRST EVENT: FESTIVAL BOOTH

- The planning that went into this event took several months.



Margaret

FESTIVAL BOOTH

- Hula Hoops
- Bubbles
- Chalk
- Stickers
- Water Bottle Exercises
- Chair Exercises
- Music
- First Aid



SEAS ON THE MOVE





ANNUAL HEALTH FAIR

- 122 volunteers
- 300 adults
- Eleven physicians 1:1 education
- Education
 - Diabetes
 - Breast Screening



Claudette

ANNUAL HEALTH FAIR



- Spanish and English
- Cholesterol testing
- Blood sugar testing
- Bone mass testing
- Free Flu shots

ANNUAL TEDDY BEAR HOSPITAL



Miguel

- Over 500 children served
- Immunizations
- X-rays
- Hand washing station
- Dental care
- Nutrition
- Heart health
- Recycling
- Safe Medications
- Face Painting
- Crafts
- Puppet Shows

TEDDY BEAR DONATIONS

- Parishioners were invited to donate Teddy Bears
- Our first year < 60 bears
- Our third year - > 500 bears



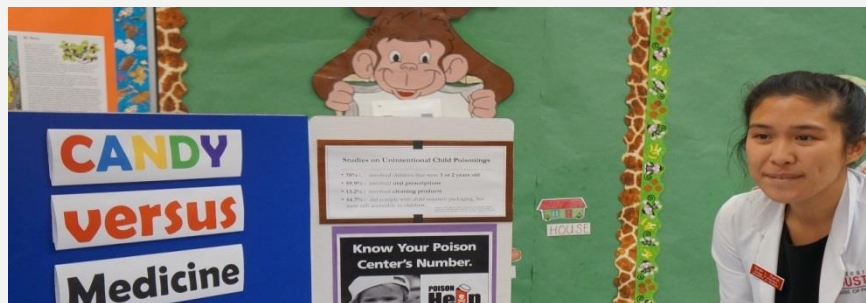
TEDDY BEAR ADOPTION

- Birth certificate includes
 - Name child chooses
 - Height
 - Tummy circumference *

** The sizes of the teddy bears ranged from one inch to five feet tall. Tummy circumference was easier to measure then trying to find suitable weight scales.*



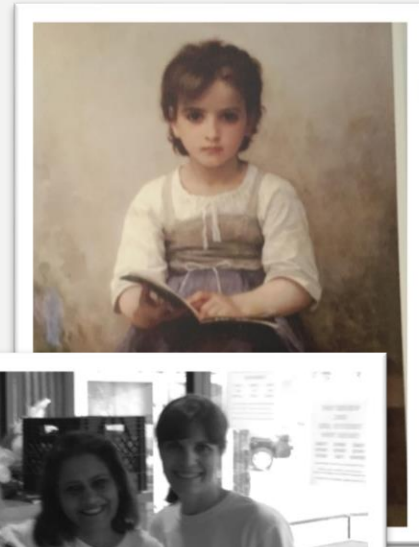
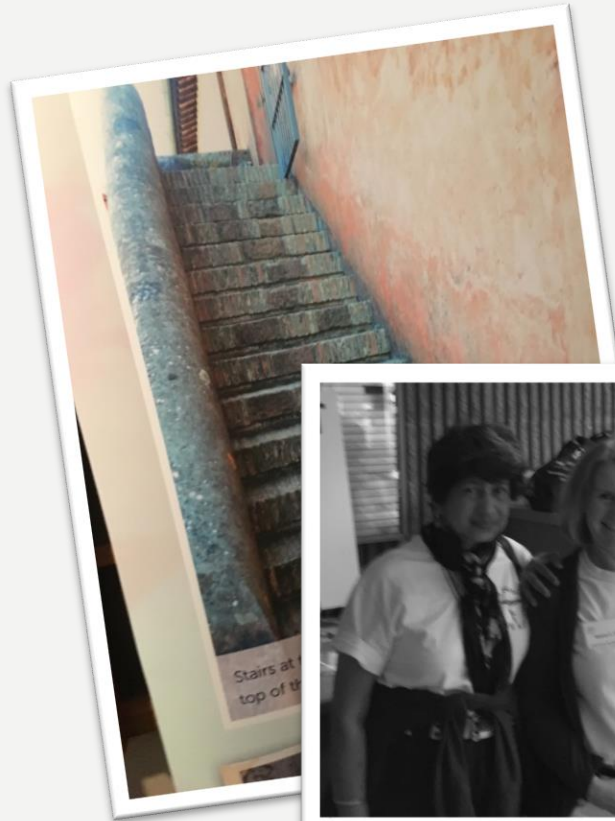
TEDDY BEAR HOSPITAL



KATY HIGH JUMPERS



FIRST AIDE: SAINT MARIA GORETTI VIGIL



EDUCATIONAL WORKSHOPS



- Marian and Maria

- Meeting the Challenges of Life's Transitions
 - Safety in the home
 - Caring for the bedbound
- A Woman's Day of Inspiration
 - Empowerment
 - Assessing and understanding abusive situations

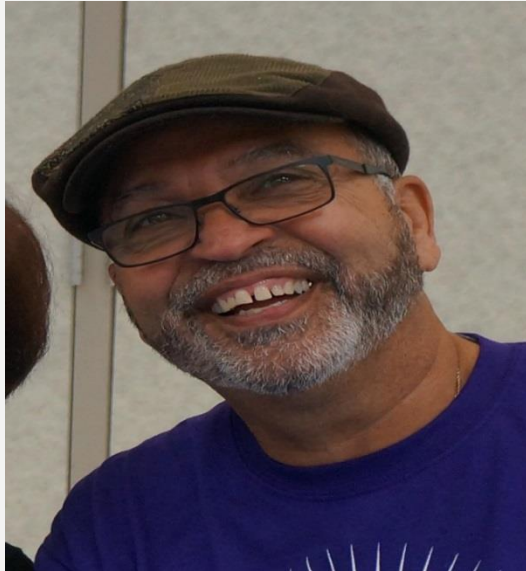
COMMUNITY SUPPORT

- Providing personal care items to orphanages, homes for abused women, and homeless female veterans
- Coordination of translation services
- Prayer blankets for the homebound



Maria & Rosie

SINGING AT NURSING HOMES



Emilio



SAINT VINCENT DE PAUL (SVDP)

- Our ministry led to the opening of a SVdP Society. We strive to keep people out of poverty through financial assistance in:
 - Rent
 - Utilities
 - Medication
 - Education, etc.
- We hold a monthly food drive to support a community food bank.



BULLETIN ITEMS



- **Go for a short walk before breakfast, after dinner, or both!
Consider it a walk with God!**

ENCOURAGE THE HEART



- Celebrate often!
- Snacks!
- Pot luck dinners!
- Restaurant meetings!

IMPLICATIONS

- *In a world faced by rising health care costs, alternatives are needed that will promote health. One alternative is parish nursing.*
- *By transforming this ministry from one run by a single director to a ministry of leaders, there was an outburst of activity that could never have been accomplished by traditional leadership methods.*
- *As we enter our fourth year, we have begun to envision the research we can do to determine if any of our activities positively influence health promotion and disease prevention.*

THANK YOU!



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RESOURCES

- Books
 - ANA (2012). *Scope and standards of practice: Faith community nurses*. Silver Spring, MD:ANA.
 - Kouzes, J.M. & Posner, B. Z. (2012). *The leadership challenge: How to make extraordinary things happen in organizations*. (5th ed.) San Francisco, CA: Jossey-Bass.
- Websites
 - Australian Parish Nurse Resource Center
 - Canadian Association for Parish Nursing Ministry
 - International Faith Community Nursing
 - Lutheran Parish Nursing International
 - Nurses Christian Fellowship International
 - New Zealand Faith Community Association
 - Parish Nursing Ministry Pakistan
 - Parish Nursing Ministries UK