



Rutgers Global Nursing Research  
Collaborative: Building Capacity Through  
Training, Mentoring, and Multi-Site  
Collaborative Research

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Session Title: Building Nursing Through  
Mentorship

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# Purpose

While 90% of healthcare worldwide is delivered by nurses, research for and by nurses is limited. The purpose of the Rutgers Global Nursing Research Collaborative, which launched its inaugural workshop in September 2015, is to create opportunities for collaboration, mentoring and capacity building for our global nursing workforce.

## Methods

Drawing on the strength and connections of Rutgers nursing faculty, the participants in the collaborative will work together to develop research programs in global health and nursing science.

The resulting multi-site studies aim both to answer these questions and to develop the capacity of the nurse researchers implementing the research.



## Structure of the Inaugural Workshop

# **Preconference: Building Blocks of Research for New Scientists**

Overview of collaborative research

Development of a research question

Quantitative methods

Qualitative methods

The IRB in a global context

The Rutgers IRB process



## 3-Day Workshop

## *Didactic Sessions*

- Ethics of collaborative research
- Examples of successful international collaborative research partnerships
- Resources available through collaboration with Rutgers



## *Group Work*

- Groups formed based on area of interest, included at least one mentor
- Team building exercises
- Time in groups to develop a research question and the methodology of a multi-site pilot study to answer it

# Outcomes

33 Nurse Scientists

7 Countries

Four Topics Selected

nurse willingness to embrace technology,  
an exercise-related intervention for pre-operative breast  
cancer patients,  
factors related to adolescent HIV disclosure, and  
mental health among migrant and refugee populations.

# Outcomes

2 proposals submitted for internal funding and successful

Both in IRB review

- How do adolescents living with HIV describe their experiences with HIV disclosure in Nigeria, Kenya and the United States?
- The Effect of Enacted Support on Physical Activity (PA), Quality of Life (QOL) and Resiliency in Adult Cancer Patients and Their Caregivers (United States, Colombia, Panama)

## Going forward

While we were very pleased with the outcome of the inaugural workshop, the bulk of the work is yet to occur. We will be challenged to sustain collaboration due to constraints in funding, time and energy. We have provided seed funding to groups who are successful in submitting proposals and anticipate holding biannual meetings to sustain collaboration.

# Challenges

Faculty engagement and understanding of the opportunity

Funding

Important to have institutional support