Developing an Evidence-based Caring Science Course

Sigma Theta Tau International's 27th International Research Congress

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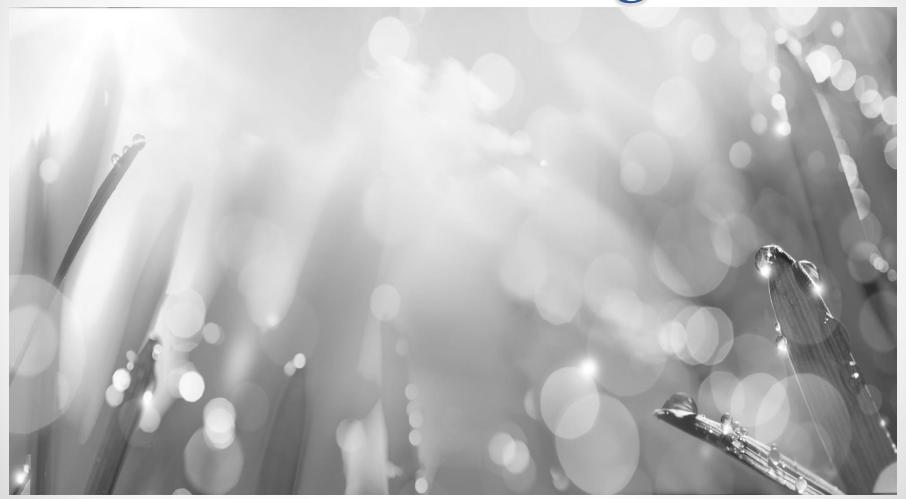
Sara Horton-Deutsch, PhD, RN, PMHCSN, FAAN, ANEF, Caritas Coach Director, Watson Caring Science Center and Endowed Chair

Why does it matter?



HUMANMEDIA.ORG/NURSES

The Challenge



New Ways of Learning





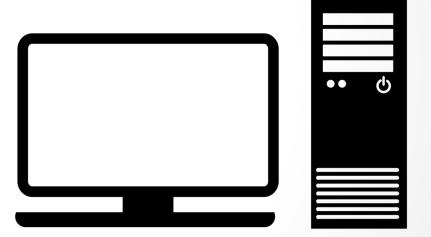
"If the pedagogy and instructional design of online courses fail to shorten the transactional distance between teacher and learner, there is significant risk of minimal student engagement—a disservice to both students and faculty."

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-Horton-Deutsch and Drysdale, 2015

Humanizing Online Education through Caring Science



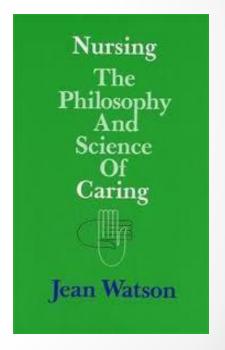


What is Caring Science?

- Philosophy
- Ethic
- Practice





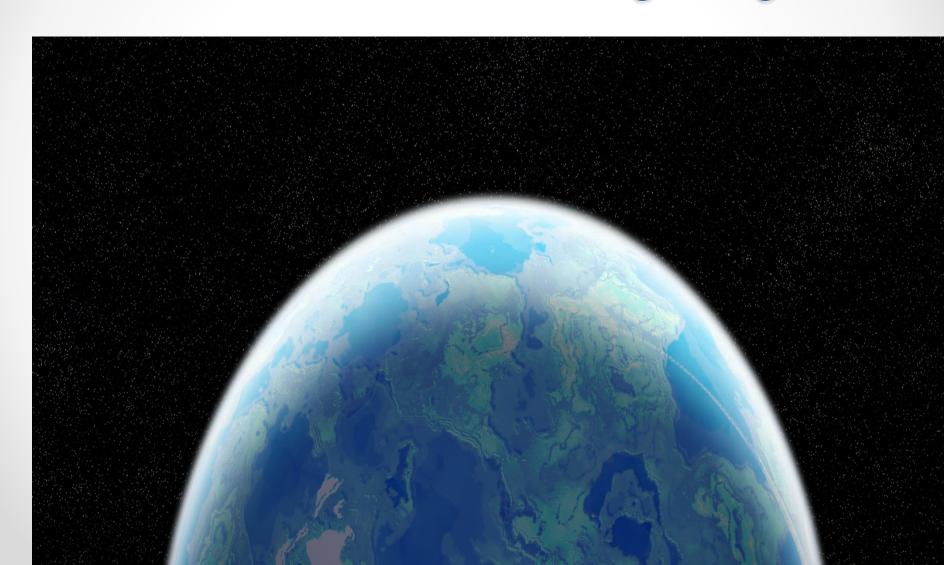


Unitary World View

 Humans Reside in a Unitary Field of Consciousness



As an ETHIC we recognize the Connectedness of all Living Things

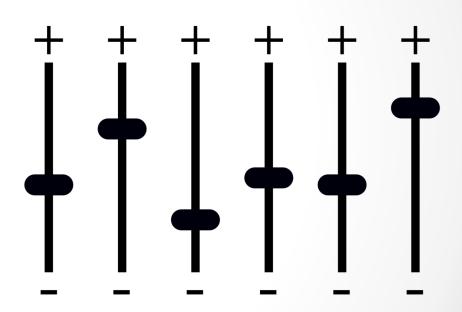


As a PRACTICE we recognize Caring is Biogenic:

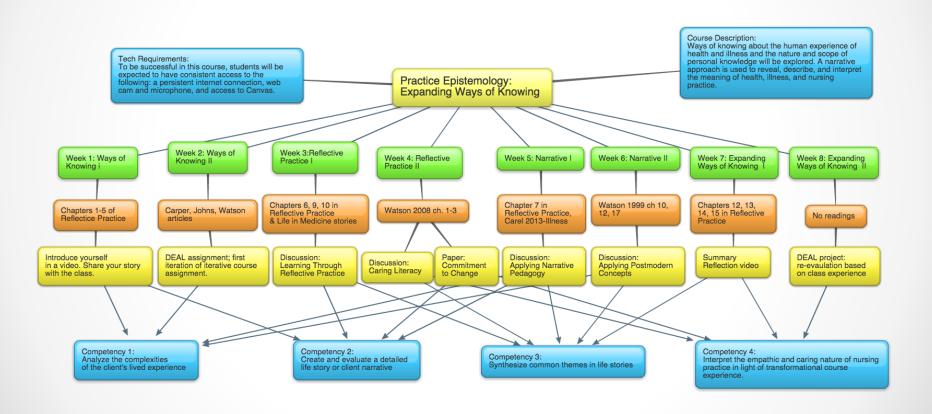


Quality Norms

- Consistent Navigation
- Visible Competency Alignment
- Clear Accessibility to Instruction
- Clearly-Stated Expectations for the Use of Media and Technology
- Welcoming and Intuitive Homepage



Course Mapping



Attributes of Caring Science Education

- Positive Environment
- Student-centered learning
- Community Atmosphere

(Gdantz, 2016)

Nodding's 4 Ingredients of Caring Curriculum

Modeling
Practice
Authentic Dialogue
Confirmation/Affirmation

Authentic Presence

A practice of genuineness, self knowledge and ability to:

- Self-reflect
- Of caring communication;
- Of being in the moment; and
- Of being honest with oneself and others.

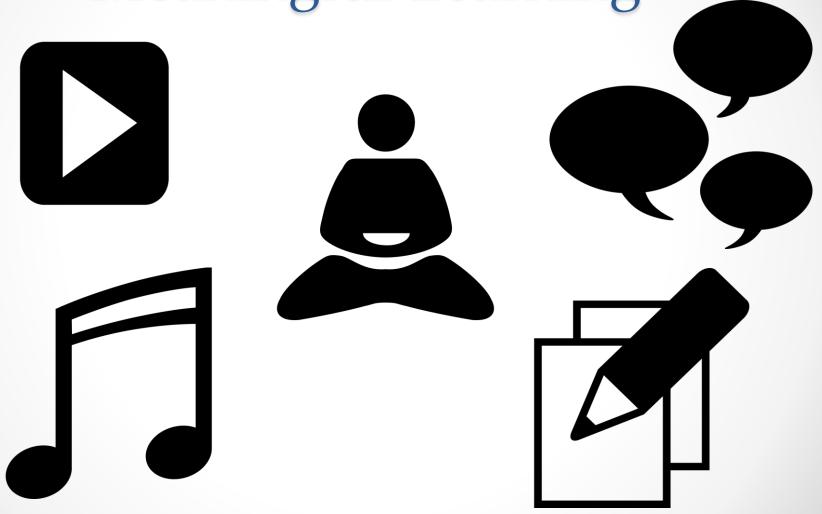
Lombard & Horton-Deutsch, 2012

Engagement

 Learners are engaged when they are invested in their work, overcome challenges and obstacles, and take pride in their accomplishments.

Horton-Deutsch & Drysdale, 2015

Activities that Support Meaningful Learning



CARING IN THE MOMENT



Caring Moment

- What did authentic presence bring to this encounter?
- What did being fully engaged mean to you? To your patient?
- How did it manifest in the moment of care?



Evaluation

Caring Course focus on:

- Acquiring insights,
- Seeing patterns,
- Find meanings and significance,
- Seeing balance and wholeness,
- Making compassionate and wise judgments...
- and creatively find pathways to new knowledge.

References

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