### Title:

SPECIAL SESSION: The Relational Nurse Champion Program™

## **Keywords:**

Interprofessional, Quality of Work Life and Relational Nurse Champion Program

## **Summary:**

This presentation will describe a program for nurses, designed to improve inter-professional relationships in a mid-size academic medical center in central Pennsylvania. A curriculum based on the ERI Model of Relationship Building was implemented on two units for an initial three-month pilot study. A preliminary progress report will be discussed.

#### Slot:

C 03: Saturday, 18 March 2017: 8:00 AM-8:45 AM

#### **References:**

Dellasega, C. (2009). Bullying among nurses. American Journal of Nursing, 109 (1), 52-58.

Dellasega, C. (2011). When nurses hurt nurses. Indianapolis: STTI.

Dellasega, C. & Volpe, R. (2014). Toxic nursing. Indianapolis: STTI.

Garrett, D. K. & McDaniel, A. M. (2001). A new look at nurse burnout: The effects of environmental uncertainty and social climate. *The Journal of Nursing Administration*, 31(2), 91-96.

Smith, S. A. (2014). Mindfulness-based stress reduction: An intervention to enhance the effectiveness of nurses' coping with work-related stress. *International Journal of Nursing Knowledge*, 25(2), 119-130.

# **Learning Activity:**

EXPANDED CONTENT OUTLINE
An overview of relational issues arising in the workplace and subsequent impact on quality of work life and patient care.
Details of the ERI Model of Relationship Building and experiential application activity
Invite feedback on the pros and cons of developing a Relational Nurse Champion Program and share other promising initiatives
Review of formative evaluation data available to date.