

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
1. The learner will be able to: describe at least three components of the structured “boot camp” training-for-discharge program for caregivers of complex medically-dependent children.	Components of Structured “Boot Camp” Training-for-Discharge-Program: • Admission care conference • Training contract • Structured daily training schedule • Nine structured training sessions (three hours of content per session).
2. The learner will be able to: discuss at least three research study outcomes related to length of stay, discharge teaching time, caregiver satisfaction, and parental stress level.	Research Study Outcomes: • Length of stay on transitional care unit • Overall hospital length of stay • Total amount of documented discharge teaching time • Caregiver satisfaction with boot camp training program • Parental stress levels before and after boot camp training program
3. The learner will be able to: apply the framework or structure of the “boot camp” training-for-discharge program to their clinical population in order to impact discharge readiness.	Application of Framework or Structure of Boot Camp Training Program • Discussion of lessons learned in boot camp program implementation o Skills validation of caregivers o Barriers to implementation success o Reality that not every patient will be a “success” • Discussion on Initiating Change o Staff education o Leadership support o Staff motivation • Future steps toward Clinical Translation o Creation of Family Educator position o Tracking readmissions o Simulation lab for caregiver education o Generalization of boot camp format to other settings