



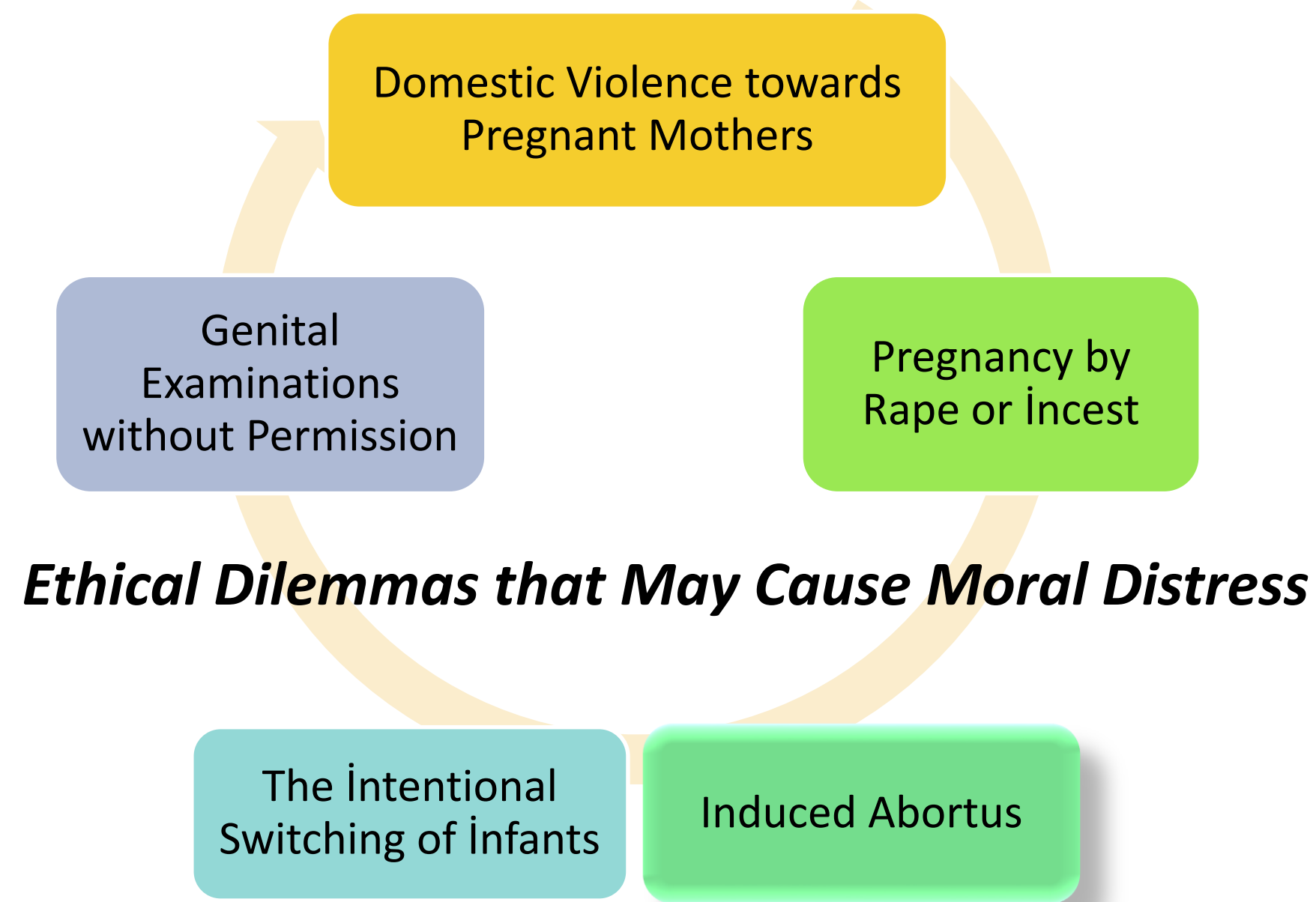
MORAL DISTRESS IN PERINATAL NURSES

Esra BÜKECİK¹ İlknur ATASEVER² Gülten KOÇ²

¹Yıldırım Beyazıt University, Faculty Of Health Sciences, Ankara, Turkey

²Hacettepe University, Faculty Of Nursing, Ankara, Turkey

Moral distress is the trouble that health professionals have when they are obliged to perform and act in conflict with their personal and professional values, although they plan for suitable and ethical actions.



Along with physical, psychological and social problems, moral distress may lead to important results, including reduced **job satisfaction, burnout and change of profession**. All these problems reduce the quality of nursing care.

Causes of Moral Distress

- Medication errors
- Medical intervention errors
- Exceeding the limits of authority
- Errors caused by the insufficiency of the system
- Record keeping errors
- Notification of crimes

Nurses use both positive strategies, such as planned problem solving and support resources, and negative strategies, such as escape and avoidance, to cope with moral distress.

