

Title:

Legislation Addressing Minimum Registered Nurse Staffing Deficiencies in Healthcare Settings

Lawrence J. Davis, BSN

Penn Healthcare, Philadelphia, PA, USA

Session Title:

Evidence-Based Practice Posters Session 1

Keywords:

legislation, nursing burnout and staffing standards

References:

Butler, M., Collins, R., Drennen, J., Halligan, P., O'Mathuna, D. P., Schultz, T.,...Villis,

E.(2011) Hospital nurse staffing models and patient and self related outcomes. The

Cochrane Library, Published online July 6, 2011. doi:10.1002/14651858.

CD007019.pub2 Retrieved from [http://onlinelibrary.wiley.com.ezproxy2.library.](http://onlinelibrary.wiley.com.ezproxy2.library.drexel.edu/doi/10.1002/14651858.CD007019.pub2/abstract)

[drexel.edu/doi/10.1002/14651858.CD007019.pub2/abstract](http://onlinelibrary.wiley.com.ezproxy2.library.drexel.edu/doi/10.1002/14651858.CD007019.pub2/abstract)

Hinno, S., Partanen, P., Vehvilainen-Julkunen, K. (2012) Nursing activities, nurse staffing and

adverse patient outcomes as perceived by hospital nurses. *Journal of clinical nursing,*

21 (11-12), 1584-93. doi: 10.1111/j.1365-2702.2011.03956.x. Epub 2011 Dec 15.

Kane, R. L., Shamliyan, T. A., Mueller, C., Duval, S., Wilt, T. J. (2007) Nurse staffing and

quality of patient care. *Evidence report/technology assessment*, 151, Results section.

Retrieved from <http://www.ncbi.nlm.nih.gov/pubmed/17764206>

Kane, R. L., Shamliyan, T. A., Mueller, C., Duval, S., Wilt, T. J. (2007) The association of

registered nurse staffing levels and patient outcomes: systematic review and meta-

analysis. *Medical Care*, 45 (12), 1195-1204. doi:10.1097/MLR.0b013e3181468ca3

Person, S. D., Allison, J., Kiefe, C. I., Weaver, M. T., Williams, D. O., Centor, R. M.,

Weissman, N. W. (2004) Nurse staffing and mortality for Medicare patients with acute myocardial infarction. *Medical Care*, 42(1), 4-12. doi: 10.1097/01.mlr.0000102369.67404.b0

Serratt, T. (2013) California's nurse-to-patient ratios, Part 3: 8 years later, what do we know about patient-level outcome? *The Journal of Nursing Administration*, 43 (11), 581-5
doi: 10.1097/01.NNA.0000434505.69428.eb

Shekelle, P. G. (2013) Nurse-patient ratios as a patient safety strategy: a systematic review. *Annals of Internal Medicine*, 158 (5), 404-9. doi: 10.7326/0003-4819-158-5-201303051-00007

Spetz, J., Harless, D. W., Herrera, C. N., Mark, B. A. (2013) Using minimum nurse staffing regulations to measure the relationship between nursing and hospital quality of care. *Medical Care Research and Review*, 70 (380), 381-383. doi: 10.1177/1077558713475715

West, E., Barron, D. N., Harrison, D., Rafferty, A. M., Rowan, K., Sanderson, C. (2014) Nurse staffing, medical staffing and mortality in Intensive Care: an observational study. *International Journal of Nursing Studies*, 51 (5), 781-794. doi:10.1016/j.ijnurstu.2014.02.007.Epub2014Feb27

Abstract Summary:

Legislation in New Jersey (along with the need for legislation nationwide) providing adequate nurse staffing is discussed. Also poor patient outcomes as related to inadequate nurse staffing is discussed.

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
identify the fact that high nurse-to-patient ratios in the clinical setting can contribute to poor patient outcomes	content of paper will demonstrate this
identify the fact that legislation in the United States requiring additional nurses to provide care for patients is lacking	content of paper will demonstrate this

Abstract Text:

This paper addresses nurse staffing ratios within health care facilities and resulting patient outcomes in the light of a bill known as Assembly, Number 647 State Of New Jersey 216th Legislature (the bill). The

bill was originally introduced in 2006 as Assembly, Number 745 with ensuing reintroductions in 2008, 2010, and 2012. The bill seeks to establish minimum safe staffing standards for registered professional nurses in hospitals, ambulatory surgery facilities, and State development centers and psychiatric centers. The bill has undergone a resurgence of sorts after being tabled and sponsored anew by a different legislator – and this process is discussed as well. A brief description of the legislative process with regard to the creation and furtherance of a bill in its journey through the legislative process is briefly discussed as well. The existence of a relatively sparse amount of legislation nationwide gives some cause for concern that the number of positive patient outcomes, (low in comparison to those of other nations, and low relative to a comparatively high amount of dollars spent as part of GDP when quantified against those outcomes) is not being advanced by government. Nurse understaffing within healthcare facilities outside the United States is also briefly addressed. Perceived deficiencies among staffing-to-patient ratios in comparison to those seen as adequate are discussed. Understaffing is seen to be contributory to higher patient assignments for nurses leading to job dissatisfaction, nursing burnout, and higher turnover rates among nurses further contributing to the current nursing shortage. Other findings with regard to favorable patient outcomes as a result of lower nurse-to-patient ratios have been inconclusive however and call for additional research. Others have determined that lower nurse-to-patient ratios leading to improved patient outcomes are conclusive however and thus provides grounds for legislation to be enacted nationwide in order to provide for more stringent nurse staffing levels.