

## Action Is Traction:

# Keys to Preparing Nurses to Care Globally

Neil E. Peterson, PhD¹; Michael C. Thomas, MSN¹; Sheri P. Palmer, DNP¹; Nathan H. Wiley, BS²

(1) College of Nursing, Brigham Young University, Provo, UT, USA; (2) Medical/Surgical, Mountain View Hospital, Payson, UT, USA



#### **OVERVIEW**

- Cultural competency is essential element of nursing practice (Calvillo et al., 2009).
- BYU College of Nursing requires 9 credits of public & global nursing.
- 90% of students study abroad during nursing program. Courses increase leadership, evidence based research, & translational nursing care.



#### LEADERSHIP TEACHING

- Students are future leaders in clinical practice & the global community.
- Key to effectual leadership is ability to encourage teamwork & collaboration through difficult circumstances.
- Our college incorporates leadership teaching to train nurses to step up to tough yet important communications, speak their minds and attain positive resolutions.
- Students trained on "crucial conversations", leadership training, & teamwork quality improvement.

#### EVIDENCE-BASED PROJECTS

- Evidence-based practice is an amalgamation of research, clinical experience, and patient preferences (Houser, 2015).
- Students integrate care that is respectful of cultures & individual preferences, while delivering best possible treatments.
- Capstone students complete projects that benefit their unit
  - o Projects often include educating nursing and other health care staff on delivering culturally-competent care and strengthening interprofessional collaboration.





### TRANSLATIONAL RESEARCH

- Working evidence-based research into global setting is challenging.
- With the help of students over last 8 years, our college has performed benchmark anemia prevalence studies in Ghana, Ecuador and India on schoolchildren.
- With this data, we have been able to apply evidence-based interventions to improve health of countless children in these countries.







#### **SUMMARY**

- Public and global health education model provides students a transformative educational experience.
- Students experience nursing care in different countries and among culturally diverse populations.
- Experiences help them develop cultural humility & apply cultural knowledge taught in didactic courses.
- A strong foundational learning experience will empower students to become powerful advocates & leaders in global & public health policy.

#### REFERENCES

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Houser, J. (2015). Nursing research: Reading, using, and creating evidence (3rd ed.). Burlington, MA: Jones & Bartlett Learning.