

Title:

Barriers and Promoting Strategies to Sexual Health Assessment for Patients With CADs in Nursing Practice

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Session Title:

Rising Stars of Research and Scholarship Invited Student Posters

Keywords:

Coronary artery diseases, Nursing and Sexual health assessment

References:

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Abstract Summary:

Sexual health is an important aspect for patients with heart disease that covered by silence. Nurses often ignore sexual health assessment due to many barriers related to nurses, patients, organizations and value related factors. Identifying and overcoming these barriers may help nurses taking an active role in sexual health assessment.

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
The learner will be able to identify the impact of coronary artery diseases on sexual health.	Describe content providing to learner to meet objective.
The learner will be able to list the main barriers to sexual health assessment in clinical nursing practice	Describe the main categories of barriers to sexual health assessment in clinical nursing practice.
The learner will be able to identify some promoting strategies that help nurses to take an active role in sexual health assessment in clinical practice.	Describe how to provide culturally sexual health assessment for patient with heart diseases.

Abstract Text:

Background: Sexual health is an important and integral part of human health. Sexual health problems are prevalent among patients with heart disease. Coronary artery diseases have a negative physiological and psychological influence on patients' sexual health. Patients often have certain concerns regarding their sexual health after experience coronary artery diseases. Nurses often face many barriers to address patients' sexual health assessment in practice. Many sexual health instructions and guidelines have been developed to assist nurses to take an active role about sexual health assessment. Despite that, nurses still pay little attention to sexual health assessment.

Purpose: The purposes of this literature review was to identify the main barriers and promoting strategies to sexual health assessment in clinical nursing practice.

Design: A thorough and comprehensive search of the recent literature related to barriers and promoting strategies to sexual health assessment was undertaken.

Methods: A review of literature on a wide variety of recent studies in nursing and related discipline in the field of sexual health over the last ten years.

Findings: Most studies indicated that sexual health is poorly addressed in clinical settings. Barriers to addressing sexual health are multifactorial. There are 26 barriers that classified into four categories: patients related barriers, nurses related barriers, academic and health care organizations related barriers and value related barriers. These barriers as reported in literature include lack of knowledge, confidence, comfort in sexual health assessment, and perceived that sexual health in not nursing responsibility. Many strategies to enhance sexual health assessment and counseling in clinical setting are summarized. Ongoing education and training and understanding nurses' perspectives are essential to empower them to address patients' sexual health assessment more routinely. Establishing a specialized and private rooms for sexual health assessment is an important step to facilitate sexual health assessment. Furthermore, nurses can provide patients with educational materials about sexual health including resuming time, safety, effect of medications and warning signs. It clear documented that selection the appropriate time for sexual health assessment such as discharge time or follow up visits can significantly improve patients' sexual health assessment.

Conclusion: Overall, it is evident that nurses encounter many barriers to sexual health assessment. Therefore, investigating these barriers and developing culturally appropriate interventions are highly recommended.